

**CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES**  
**(DEEMED TO BE UNIVERSITY)**

**Special Lecture on Enhancing Academic Literacy: “How to Develop  
Reading and Writing Skills**

**Date:** 17 December 2024

**Organised by:** Centre for Teacher Education (CTE), CIHTS, Sarnath

The Centre for Teacher Education (CTE), Central Institute of Higher Tibetan Studies (CIHTS), Sarnath, organised a special lecture on “How to Develop Reading and Writing Skills” on 17 December 2024. The programme was conducted under the able guidance of Prof. Umesh Chandra Singh, Coordinator, CTE, and was jointly organised by Dr. Mahesh Sharma and Dr. Jampa Thupten. The session featured Prof. Tenzing Nuba (USA), an eminent academician and scholar of language pedagogy, as the distinguished resource person.

The lecture addressed one of the most foundational aspects of teacher education—the development of strong reading and writing skills, which form the backbone of academic success, communication competence, and professional readiness. The event aimed to equip student-teachers with practical strategies and a deeper understanding of literacy development that they can later implement in classroom settings.

Prof. Nuba began the session by highlighting the importance of reading as an active, constructive, and cognitive process. He emphasized that effective reading is not merely decoding text but engaging with ideas, interpreting meaning, and connecting knowledge with experience. The participants were introduced to **pre-reading strategies** such as previewing, predicting, and activating prior knowledge, followed by **while-reading strategies** like skimming, scanning, annotating, and questioning the text. Prof. Nuba further explained **post-reading methods** including summarizing, reflective writing, and critical response, which help extend comprehension and encourage thoughtful engagement.

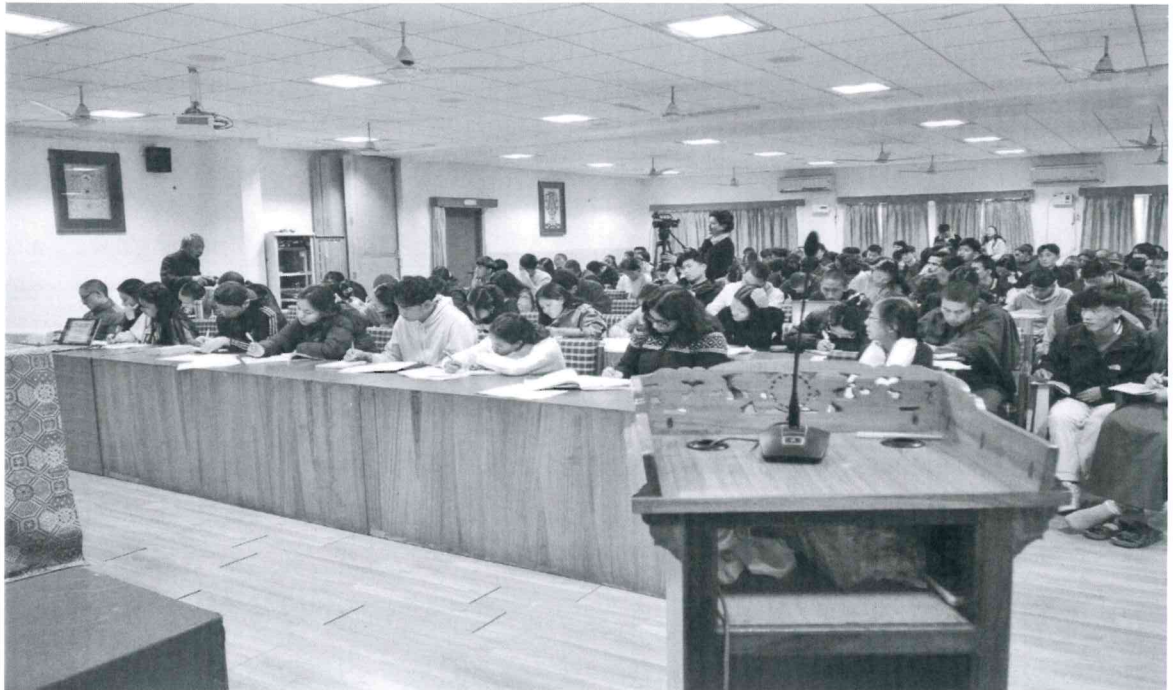
The lecture then shifted to the second core component: **writing skills development**. Prof. Nuba underscored the need for clarity, coherence, organization, and creativity in academic writing. He provided students with step-by-step guidance on brainstorming ideas, outlining content, drafting paragraphs, integrating transitions, and revising their work. Particular emphasis was

placed on the role of feedback, peer review, and sustained practice in improving writing quality over time. He also discussed common challenges faced by learners—such as limited vocabulary, fear of expression, and structural inconsistencies—and offered simple yet powerful methods to overcome them.

Integrating both reading and writing, Prof. Nuba discussed the concept of **literacy as a holistic process**, where reading fuels writing and writing deepens reading comprehension. He encouraged teacher trainees to inspire a literacy-rich environment in schools through activities such as reading circles, guided journal writing, collaborative storytelling, and language games that promote fluency and engagement.

The session included interactive activities, allowing participants to apply the techniques being taught. Students shared their reading habits, reflected on their writing experiences, and engaged with sample texts through analysis and discussion. The exchange created an encouraging environment that promoted intellectual curiosity and confidence among the trainees.





The lecture concluded with a thoughtful question–answer segment, during which Prof. Nuba provided personalised advice on strengthening academic literacy, maintaining consistent reading practices, and cultivating expressive writing abilities. The session received overwhelming appreciation from both faculty and students for its practicality, clarity, and motivational approach. Through this initiative, CTE, CIHTS continues its commitment to enhancing academic excellence and supporting students in becoming effective, articulate, and reflective educators.

(This report is prepared by Dr Dipti Agrawal, Assistant professor of English, CTE, CIHTS)

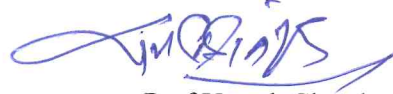
**Submitted By:**

Dr. Dipti Agrawal  
Assistant Professor of English  
Centre for Teacher Education (CTE)  
CIHTS, Sarnath, Varanasi

**Forwarded By:**

Dr. Bhavana Behal  
Administrative Coordinator  
Centre for Teacher Education (CTE)  
CIHTS, Sarnath, Varanasi

**Approved By:**



Prof Umesh Chandra Singh  
Chief Coordinator  
Centre for Teacher Education (CTE)  
CIHTS, Sarnath, Varanasi

**Organized by:**

Centre for Teacher Education  
Central Institute of Higher Tibetan Studies, Sarnath, Varanasi