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केन्द्रीय उच्च तिब्बती शिक्षा संस्थान, सारनाथ, वाराणसी

CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES (CIHTS)

Deemed to be University, Sarnath, Varanasi, UP, India

**Duty roster of the OPD/IPD/Therapy wing of Yuthog Sowa-Rigpa Medical College and Hospital
For the Academic Year 2024-2026**

Sl. No.	OPD No.	OPD	Name of the MO and teaching faculties	Tentative Time	Instructions
1.	OPD I	General Medicine	Dr. Wangyal Dorjee T. (M.O)	08:00am - 04:00pm	1. Teaching faculties of Each OPD may adjust their OPD and timing internally. 2. All MOs are instructed to take equal charge of therapy wing till further notice. 3. After noon OPD timing, IPD clinical round, emergency services, break, report keeping, Compensation etc. will remain as per earlier notification
			Dr. Dorjee Damdul	11:00am -12:00pm	
			Dr. Tsering Tsamchoe	09:00am -10:00am	
			Dr. Lodoe Munsel	10:00am -11:00am	
4.	OPD II	Gynaecology & Paediatrics	Dr. Tenzin Choeying (M.O)	08:00am - 04:00pm	
			Dr. Chime Dolker	09:00am -11:00am	
			Dr. Karma Chodon	11:00am -01:00pm	
5.	OPD III	Psychology & Toxicology	Dr. Nyima Samdup G. (M.O)	08:00am - 04:00pm)	
			Dr. Arun Kumar Rai	11:00am -03:00pm	
			Dr. Tenzin Delek	09:00am -11:00am	
6.	OPD IV	External Therapy & Surgery	Dr. Sangye Khando (M.O)	08:00am - 04:00pm	
			Prof. Lobsang Tenzin	10:00am -11:00am	
			Dr. Tashi Dawa	09:00am -10:00am	
			Dr. Penpa Tsering	10:00am -11:00am	

Note: 1. This new duty roster shall be followed strictly from 15th April 2024 till further notice.

Erundel 6.11.2025

Dr. Dorjee Damdul

Medical Superintendent.

YSRMCH, CIHTS, Sarnath, Varanasi