

**B. EQUIPMENT AND INSTRUMENTS REQUIRED FOR SURGERY DEPARTMENT.**

<b>S. No.</b>	<b>Essential Equipment and Instruments</b>	<b>Available Number</b>
1.	Spot light (Shadow less ceiling fitted)	01
2.	Needle holding Forceps (big- medium-small)	04
3.	Aprons	05
4.	Specimens Jar	06
5.	Dressing drums of Assorted size	06
6.	Drum stand	02
7.	IV Stand	10
8.	X-ray View Box (double)	01
9.	Surgeon's gown	11
10.	Mask and caps	7 doz.
11.	Gauze, cotton and Bandage	8 kg/8rolls/8pkt
12.	Gloves of different sizes	4 pkt each
13.	Cheetals Forceps	03
14.	Towel Clips	24
15.	Scissors straight (Tailor)	08
16.	Scissors curved of different sizes	12
17.	Stich removal Scissors	07
18.	Dissection forceps	12

संकाय अध्यक्ष

Dean

सोवा रिग्पा एवं भोट ज्योतिष संकाय

Faculty of Sowa Rigpa &amp; Bhot Jyotish

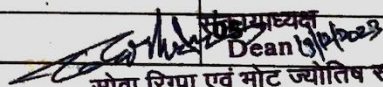
केन्द्रीय उच्च शिक्षा संस्थान, सारनाथ, वाराणसी  
Central Institute of Higher Tibetan Studies, Saranath, Varanasi

Signature of Principal with date and stamp

Page 10 of 19

S. No.	Essential Equipment and Instruments	Available Number
19.	Sinus Forceps	03
20.	Probes - Assorted size	03
21.	Pointed scissors	07
22.	Kocher's Forceps	03
23.	Rubber catheters of Assorted size	24
24.	Metal Catheters	03
25.	Corrugated Rubber drain	06
26.	Suturing Needle (straight/curved) of Assorted size	03
27.	Surgical Thread	03
28.	Sponge holding forceps	05
29.	Bougies (Megars)	03
30.	Allies Forceps small	05
31.	Allies Forceps Big	04
32.	Pile holding forceps	03
33.	Multi parameter Monitor	01
34.	Ambu Bag	03
35.	Generator	1 (33 kva)
36.	Emergency light	3
37.	Fire Extinguisher	01
38.	Skin grafting knife with handle	03
39.	Surgical blades of different size	15
40.	Fumigator	01
41.	Refrigerator	01
42.	Nitrous Oxide Cylinder	03
43.	Exhaust fan	01
44.	Auto-Lenin Washing Machine	01
45.	Proctoscope with or without illumination	01
46.	Revolving Stool	04
47.	Gabriel Syringe	0
48.	Stretcher with trolley	02
49.	Mosquito forceps	03
50.	Needle holder	05
51.	BP Apparatus	

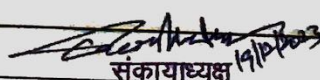
Signature of Principal with date and stamp

  
 Dean  
 सोवा रिग्पा एवं भोट ज्योतिष संकाय  
 Faculty of Sowa Rigpa & Bhot Jyotish  
 केन्द्रीय उच्च तिब्बती शिक्षा संस्थान, सारनाथ, वाराणसी  
 Central Institute of Higher Tibetan Studies, Saranath, Varanasi  
 Page 11 of 19

S. No.	Essential Equipment and Instruments	Available Number
52.	Suction Machine	01
53.	Golden Needle (Acupuncture)	1000+
54.	Cupping set (glass, fiber and brass)	4 set
55.	Moxibustion set	5 pkt
56.	Golden Hammer set	0
57.	Silver Hammer set	3 set
58.	sGyogs, dhab, Ching (for fractures)	1 each
59.	gTsag-Bu	02
60.	Thur-Ma (Surgical Instrument)	02
61.	Silver Needle (dNgul khab)	02
62.	Infrared Light Device	01
63.	Acupressure Magnetic Steel & Brass Jimmy Massager Gold	01
64.	Playrun Acupuncture Massager pain Relief	01
65.	Thermometer	30

**C. EQUIPMENT AND INSTRUMENTS REQUIRED FOR sMAN-GOR (PHARAMACOLOGY) DEPARTMENT.**

Sl. No.	Essential Equipment and Instruments	Available Number
1.	<b>KhaivaYantra-</b>	
a)	Small	01
b)	Medium	03
c)	Porcelain	02
d)	Taptakhalvyantra	01
2.	<b>Heating Device-</b>	
a)	Gas Stove	01
b)	Electric stove	01
c)	Hot plate	01
d)	Chulla (Charcoal)	03
3.	<b>Vessels-</b>	
a)	Frying Pan	03
b)	Steel Vessel	03
c)	Spatula	12
d)	Ladles and Spoons	12

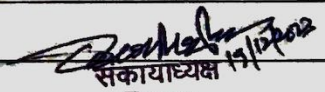
  
संकायाध्यक्ष  
Dean

Signature of Principal with date and stamp

सोवा रिग्पा एवं भोट ज्योतिष संकाय  
Faculty of Sowa Rigpa & Bhot Jyotish  
केन्द्रीय उच्च तिब्बती शिक्षा संस्थान, सारनाय, वाराणसी  
Central Institute of Higher Tibetan Studies, Saranay, Varanasi  
Page 12 of 19

Sl. No.	Essential Equipment and Instruments	Available Number
e)	Knife	05
f)	Plates	08
g)	Samdamsa Yantra (Tongs)	06
4.	Measuring Equipment Different Size (Glass)	
5.	Big Vessels and Containers-	
a)	Brass	03
b)	Copper	02
c)	Steel etc.	95
6.	Balance (Different Capacities)	
a)	Physical	03
b)	Chemical	01
7.	Pounding Apparatus (Ulukhala Yantra)	
8.	Sieves (Assorted Nos. and Size)	09
9.	Wet Grinder	01
10.	Mixi	01
11.	Juice Extractor	01
12.	Putas (Different kind)	08
13.	Pyrometer	01
14.	Thermo meter	01
15.	Pressure Cooker	02
16.	Moosha (Crucibles)	06
17.	Koshti with Blower	01
18.	Refrigerator	03
19.	Jars (Porcelain) Fermentation Purpose	02
20.	Yantras	
a)	DolaYantra	01
b)	ValukaYantra	01
c)	PitharaYantra	01
d)	BhudharaYantra etc.	01
21.	Distillation Apparatus and ArkaYantra	01
22.	Enamel Trays	06

Signature of Principal with date and stamp

  
 सिकायाध्यक्ष 19/12/2022  
 Dean  
 सोवा रिग्पा एव भोट ज्योतिष संकाय  
 Faculty of Sowa Rigpa & Bhot Jyotish  
 केन्द्रीय उच्च तिब्बती शिक्षा संस्थान, सारनाथ, वाराणसी  
 Central Institute of Higher Tibetan Studies, Varanasi

Sl. No.	Essential Equipment and Instruments	Available Number
23.	Spirit Lamp	02
24.	Microscope	01
25.	Earthen Vessels-Pots	06
26.	Kupipakva Bhatti	01
27.	Almirahs and Racks for storage	Almira-03, Rack-14
28.	Mortar and Pestle of different sizes	07
29.	Small Grinding Machine	01
30.	Stone Slab	15
31.	Container of Medicinal Wine	02
32.	Pulverize machine	03
33.	Coating Pan	01
34.	Tray Dryer	01
35.	Cone Blender	01
36.	Sifter machine	01

#### D.EQUIPMENT AND INSTRUMENTS REQUIRED FOR CLINICAL LABORATORY

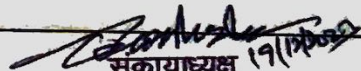
Sl. No.	Essential Equipment and Instruments	Available Number
1.	Binocular microscope	01
2.	X-ray view box	01
3.	Sterile disposable lancer/needle	01
4.	Hb pipette	04
5.	Dropper	04
6.	Glass rod	06
7.	WBC Pipette	02
8.	Improved Neubauer chamber	01
9.	Cover slip	02
10.	Red cell pipette	04
11.	Cleaned slides	100
12.	Incubator	01
13.	Centrifuge Graduate machine	01
14.	Westergren's pipette	02
15.	Westergren's stand	02

*[Signature]*  
संकायाध्यक्ष  
Dean

सोवा रिग्पा एवं भोट ज्योतिष संकाय  
Faculty of Sowa Rigpa & Bhot Jyotish  
केन्द्रीय उच्च तिब्बती शिक्षा संस्थान, सारनाथ, वाराणसी  
Central Institute of Higher Tibetan Studies, Varanasi

Signature of Principal with date and stamp

Sl. No.	Essential Equipment and Instruments	Available Number
16.	Litmus paper	2 pkt
17.	pH indicator paper strips	02
18.	Bunsen burner	03
19.	Test tube	12
20.	Test tube holder	06
21.	Filter paper	1 pkt
22.	Steel almirah	01
23.	Steel rack	01
24.	Glass Jars with lid of different sizes	03
25.	Glass view rack	0
26.	Magnifying lens	02
27.	Stop watch	03
28.	Hot air oven	01
29.	Refrigerators	01
30.	Sterile vessels/bottle to collect samples	12
31.	BP Apparatus	5 clinical
32.	Stethoscope	4 clinical
33.	Thermometer	03
34.	Tongue depressor	03
35.	Torch	01
36.	Knee hammer	03
37.	Measuring Tape	03
38.	ENT examination set	02
39.	Reflectors (Mirrors)	01
40.	Weighing machine	01
41.	Tuning Forks	0
42.	Disposable Gloves	2 pkt
43.	Physical balance	0
44.	Syringe needle destroyer	0
45.	HBs Ag kit	05
46.	CT and BT kit	12
47.	X- Ray Machine Set	Outsource

  
संकायाध्यक्ष 19/11/2019  
Dean

सोवा रिग्पा एवं भोट ज्योतिष संकाय  
Faculty of Sowa Rigpa & Bhot Jyotish  
केन्द्रीय उच्च तिब्बती शिक्षा संस्थान, सारनाथ, वाराणसी  
Central Institute of Higher Tibetan Studies, Varanasi

Signature of Principal with date and stamp

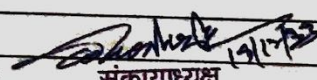
Sl. No.	Essential Equipment and Instruments	Available Number
48.	Ultra Sound Machine Set	Outsource
49.	ECG Machine Set	Outsource

#### E. EQUIPMENTS AND INSTRUMENTS REQUIRED FOR OUT PATIENT DEPARTMENT

Sl. No.	Name of Out-Patient Department	Equipment, Instrument, Furniture etc. required as per norms of NCISM	Available Number
1.	Male & Female	X-Ray View Box	04
		BP Apparatus	04
		Stethoscope	04
		Sitting arrangement for internees/students	3 each in one OPD
		Examination Table	1 each
		Thermometer	04
		Tongue depressor	04
		Cotton balls	04
		Torch	04
		Measuring tape	04
		Weight and height measuring stand	01
		Knee Hammer	04
Washbasin	04		

#### F. EQUIPMENT AND INSTRUMENTS REQUIRED FOR ANATOMY DEPARTMENT

Sl. No.	Essential Instruments and Equipments	Available Number
1.	i Tank with a capacity to preserve 2-4 bodies.	01
	ii Preservative Chemicals	02
2.	Dissection Tables Sets	1 set
3.	Dissecting Table	01
i	Full size with steel top or marble top stainless	1ss
	ii Half size with steel top or marble top stainless	0
4.	<b>Miscellaneous</b>	
i.	Bone cutter of the numbers $\frac{3}{4}$ , $\frac{1}{2}$ , $\frac{1}{4}$ , $\frac{1}{8}$ - fine pointed Chisel bone dissector	01
ii.	Surgical gloves	3 pkt
iii.	Surgical blade	12 pc

  
 संकायाध्यक्ष  
 Dean  
 सोवा रिग्पा एवं भोट ज्योतिष संकाय  
 Faculty of Sowa Rigpa & Bhot Jyotish  
 केन्द्रीय उच्च तिब्बती शिक्षा संस्थान, सारनाथ, वाराणसी  
 Central Institute of Higher Tibetan Studies, Varanasi

Signature of Principal with date and stamp

Sl. No.	Essential Instruments and Equipments	Available Number
iv.	Disposable syringe - 20cc, 10cc, 5cc	12
v.	Towels	12
vi.	Dustbin	05
<b>5.</b>	<b>Furniture and Other Equipment</b>	
i.	Stools preferably of metal	02
ii.	Wash basin	01
iii.	Machines for bones and brain sectioning	00
iv.	OHP	01
v.	X-ray viewing box or panels	01
vi.	Glass jars of different sizes	02

#### G. EQUIPMENT AND INSTRUMENTS REQUIRED FOR PHYSIOLOGY DEPARTMENT

Sl. No.	No. Essential Instruments and Equipment	Available Number
1.	Microscopes with oil immersion	01
2.	Westergren's pipette for ESR	01
3.	Hematocrit Tube	01
4.	Sahil's Haemoglobinometer	01
5.	Hemocytometer	01
6.	Stethoscope	03
7.	Clinical Thermometer	03
8.	Knee Hammer	02
9.	Tuning forks	03
10.	Electrocardiograph	0
11.	Stop watches	05
12.	Water Distillation still	01
13.	Thermometers, balances, Micro slides	1 each
14.	Cover slips, glassware	10 each
15.	Centrifuge with speed control	01
16.	Colorimeter (Photoelectric)	01
17.	pH Meter (Electric)	01
18.	pH Comparator with disc	01
19.	Refrigerator	01
20.	Newton's color wheel in a batch	02
21.	Spirometer	0
22.	Tonometer	0
23.	Hydrometer	01
24.	Viscometer	03
25.	Osmometer	0

*[Signature]*  
सकायाध्यक्ष  
Dean

Signature of Principal with date and stamp

सोवा रिग्पा एवं भोट ज्योतिष संकाय  
Faculty of Sowa Rigpa & Bhot Jyotish  
केन्द्रीय उच्च तिब्बती शिक्षा संस्थान, सारनाथ, वाराणसी  
Central Institute of Higher Tibetan Studies, Varanasi



<b>Sl. No.</b>	<b>No. Essential Instruments and Equipment</b>	<b>Available Number</b>
26.	Stalagmometer	01
27.	Sterilizer	01
28.	BP Apparatus	03
29.	Torch	01
30.	Measuring Tape	01
31.	Weighing machine	01
32.	Peak flow meter	0
33.	Reagents	01 each





Crompton





Department of Sowa-Rigpa  
Central Monastery  
Established in public trust under  
the provisions of the Sowa-Rigpa  
Central Monastery Act, 1987  
The Sowa-Rigpa Central Monastery  
is a public trust established  
under the provisions of the  
Sowa-Rigpa Central Monastery  
Act, 1987. It is a public trust  
established under the provisions  
of the Sowa-Rigpa Central  
Monastery Act, 1987. It is a  
public trust established under  
the provisions of the Sowa-Rigpa  
Central Monastery Act, 1987.





June	1st Week	2nd Week	3rd Week	4th Week





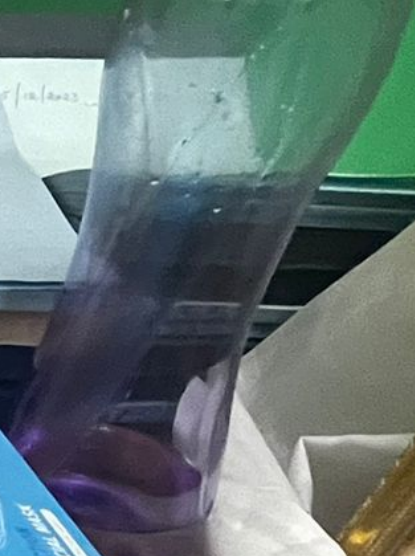
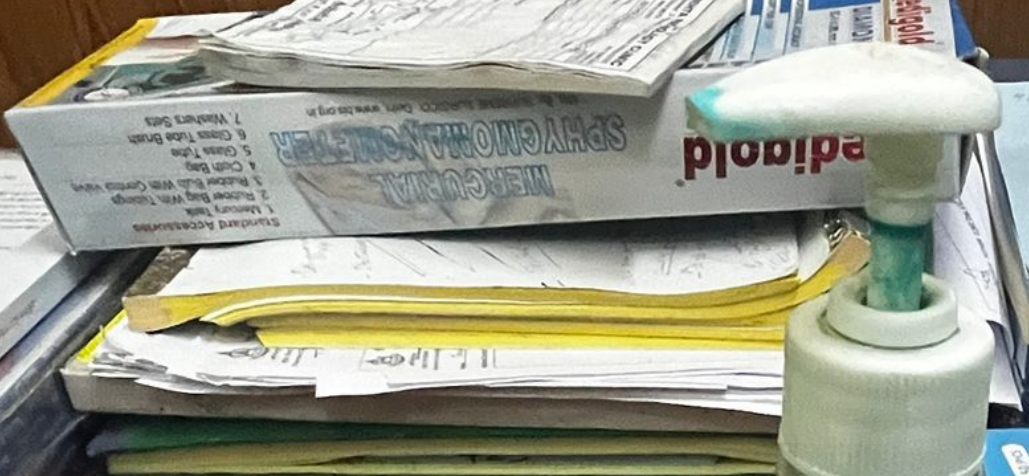
ଶୁଦ୍ଧି  
Cotton Swab



**Savlon**  
HEXA  
ADVANCED  
Hand Sanitizer Liquid



[Name] 3-layer protection disposable latex gloves  
[Components] powder-free nitrile gloves  
[Standards] EN 455, EN 455, EN 455  
[Product grade] Premium  
[Place of origin] India  
[Production date] 10/12/2022  
[Production] 10/12/2022  
[Address] 10/12/2022













 Health Department of Khyber Pakhtunkhwa  
 Department of Health Services

**Handwashing**

1. Wet your hands with clean water.
2. Apply soap to your palms.
3. Rub your hands together to create a lather.
4. Scrub your hands for at least 20 seconds.
5. Rinse your hands thoroughly with clean water.
6. Dry your hands with a clean towel or air dryer.

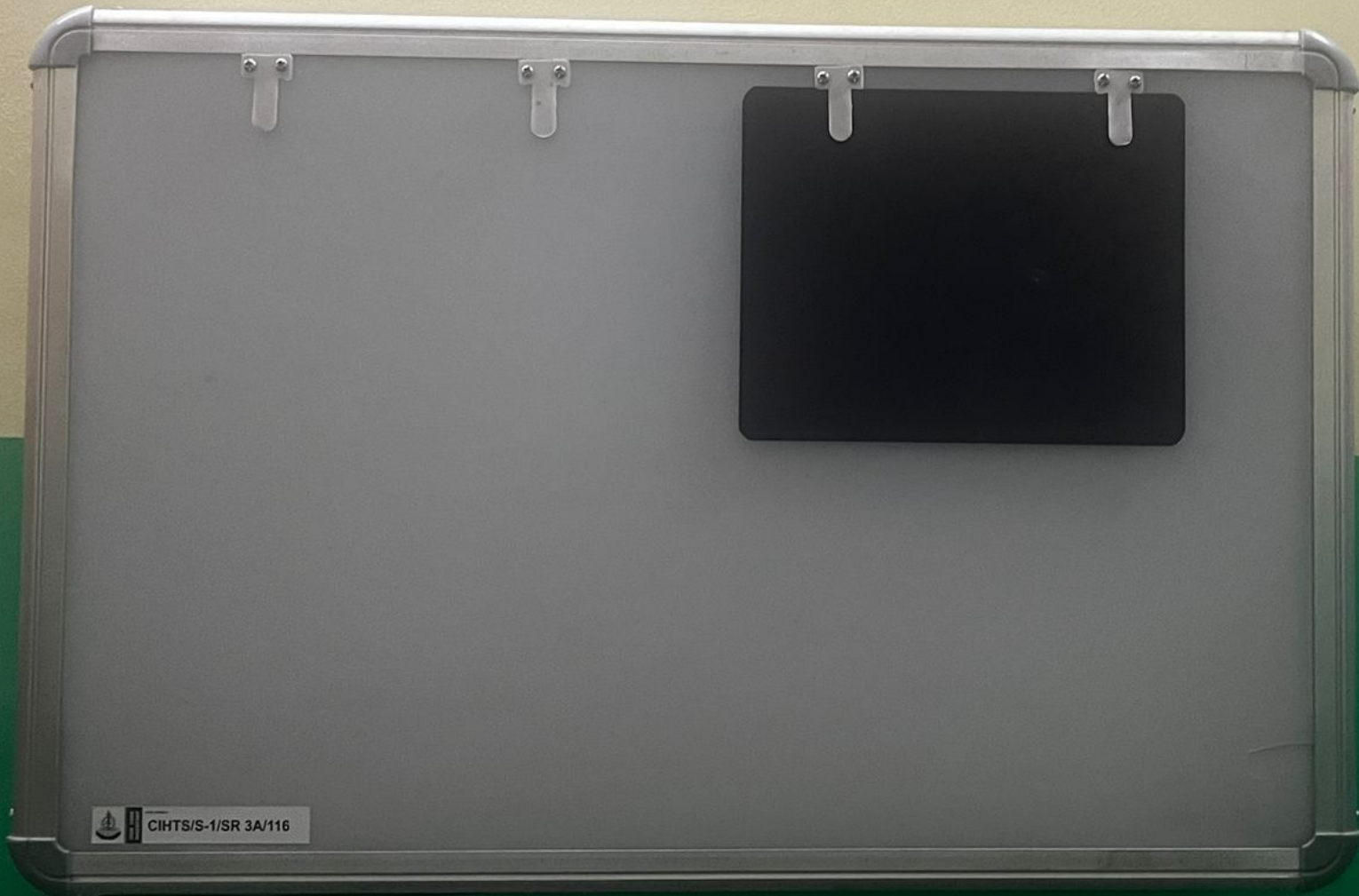
**How to Handwash?**


1. Wet your hands with clean water.
2. Apply soap to your palms.
3. Rub your hands together to create a lather.
4. Scrub your hands for at least 20 seconds.
5. Rinse your hands thoroughly with clean water.
6. Dry your hands with a clean towel or air dryer.









 CIHTS/S-1/SR 3A/116

CIHTS/S-1/SR 3A/116

Godrej







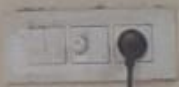
Medicine



© 2005 by Elsevier & Saunders  
All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or by any information storage and retrieval system, without permission in writing from Elsevier & Saunders.



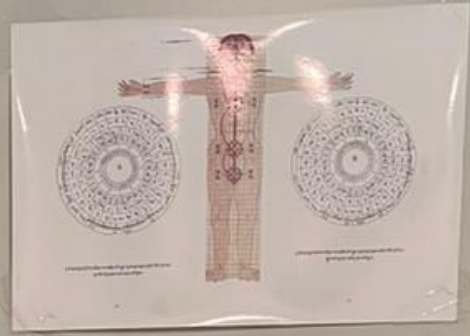




Freezer

Chiller





# FREE SOWA-RIGPA MEDICAL CAMP, DEHRADUN (UK)

28<sup>th</sup> September to 09<sup>th</sup> October 2022



# FREE SOWA-RIGPA MEDICAL CAMP, LEH LADAKH (UT)

August 2022





# FREE EYE CHECK-UP

17<sup>TH</sup> APRIL 2022

