



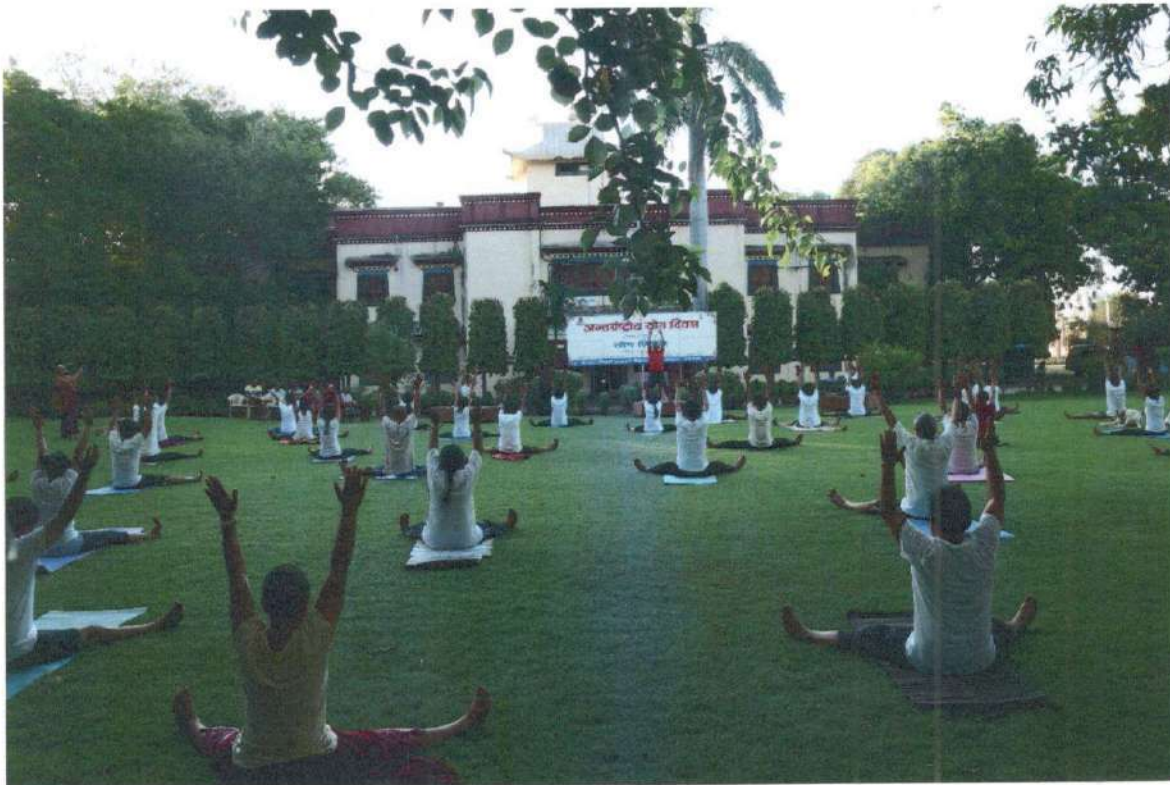
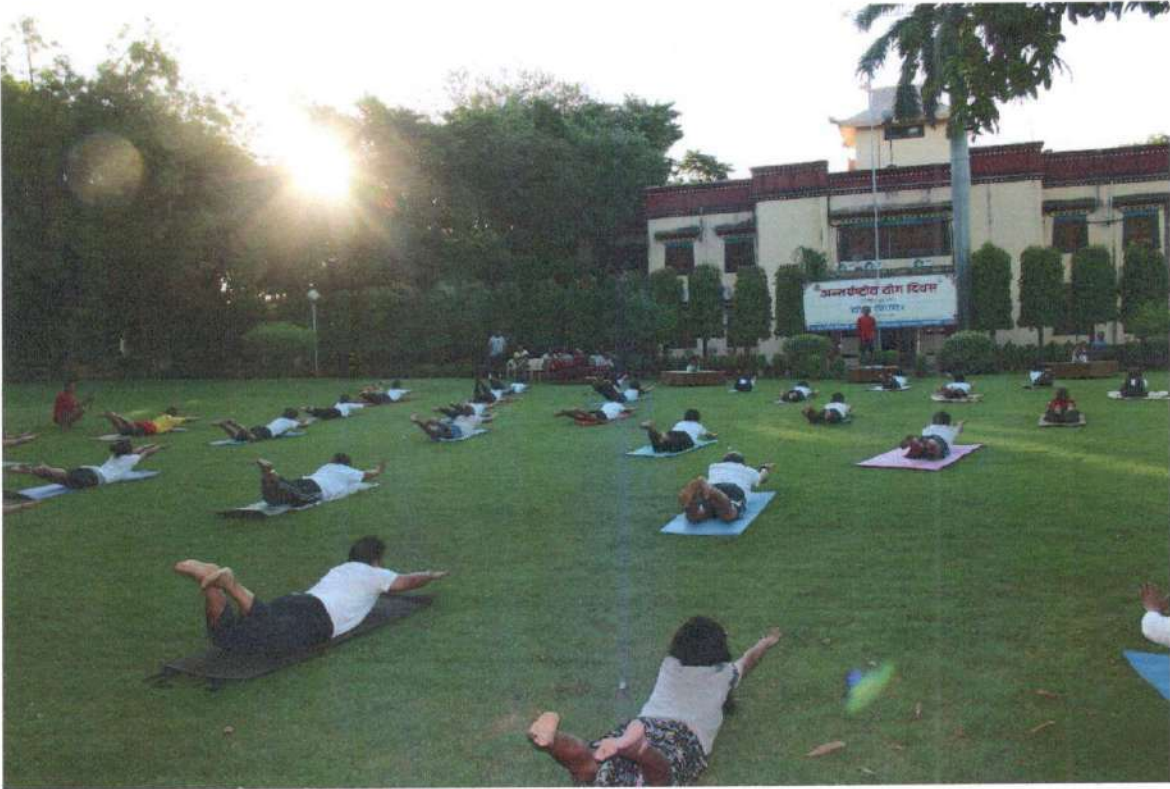
CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity	:	International day of Yoga
Title of programme conducted	:	Yoga day
Objectives of programme	:	To celebrate international day of yoga by performing yogasanas and understand the importance of health and fitness.
Date of programme	:	21 st June, 2015
Venue of the Programme	:	Library lawn of CIHTS
Expenditure details	:	Cost was borne by CIHTS
Number of students participated	:	50
Brief summary of the programme	:	International day of Yoga was observed on 21 st June 2015 with huge participation from the university staff and students. The Vice-Chancellor of the institute addressed the occasion explaining the importance of Yoga and its impact on physical and mental health. between the different colleges regarding cultural dance of Tibet. Show lasted for three days.
Output	:	Students and Staff of the institute greatly benefitted from this event.

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Central Institute of Higher Tibetan Studies
डीम्ड विश्वविद्यालय
सारनाथ, वाराणसी Sarnath, Varanasi

Coordinator

1. International Day of Yoga



International Yoga Day was observed on 21st June, 2015, in the Library lawn of the University with a huge participation from the staff and students of the University. The Vice Chancellor of the University addressed the participants on this occasion explaining the importance of Yoga and its impact on physical and mental health.

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सतनाथ, वाराणसी/Sarnath, Varanasi



CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity	:	Buddhist Festival
Title of programme conducted	:	Buddhist Festival in Khushinagar, Uttar Pradesh
Objectives of programme	:	To celebrate Tibetan Buddhist Culture.
Date of programme	:	23 rd to 25 th November, 2015
Venue of the Programme	:	Khushinagar, Uttar Pradesh
Expenditure details	:	Cost was borne by CIHTS
Number of students participated	:	75
Brief summary of the programme	:	Under the aegis of Ministry of Culture, Government of India, the Institute has organized Buddhist Festival in Khushinagar, Uttar Pradesh in which various activities like academic discourses on Buddhist philosophy and spirituality, Buddhist chanting and Cham dance by our students, Exhibition of Tibetan Paintings and woodcraft by fine art department, exhibition of sowa-rigpa and free medical camp and exhibition of publications of the institute took place.
Output	:	All the activities were conducted with grand success.


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Coordinator

2. Buddhist Festival



कुलसचिव
 Registrar
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 Central Institute of Higher Tibetan Studies
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Under the aegis of Ministry of Culture, Government of India, the University had organized "Buddhist Festival" in Kushinagar, Uttar Pradesh from 23rd to 25th November, 2015, in which the following activities were conducted with a grand success.

- (i) Academic discourses on Buddhist philosophy and spirituality.
- (ii) Buddhist Chanting and Cham dance by students of CIHTS.
- (iii) Exhibition of Tibetan Buddhist Thangka Paintings and woodcraft by the Fine Arts Department of the University.
- (iv) Exhibition of Sowa-Rigpa (Tibetan medical system) and free medical camp for the local people and festival participants.
- (v) Exhibition of publications of the University.

Rheal
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छात्र कल्याण समिति

STUDENTS' WELFARE ASSOCIATION

Name of the Activity	: Annual Football Tournament
Title of programme conducted	: L.M. Joshi Football Tournament
Objectives of programme	: To remember the gratitude of Dr. Lal Mani Joshi and to promote fraternity and love among the students by playing football.
Date of programme	: 3- 25 August 2015
Venue of the Programme	: L.M. Joshi Football Ground
Expenditure details	: Total Expenditure was borne by CIHTS, Varanasi
Number of students participated	: All the classes
Brief summary of the programme	: Prof. Lal Mani Joshi Memorial inter-class football Tournament was held for 18 days. The opening ceremony of the event was graced by the presence of Acharya Yeshe Phuntsik (M.P of Exile Government) as chief guest.
Output	: The program was successful.

REGISTRAR
Central Institute of Higher Tibetan Studies
Central Tibetan Administration, Sarnath, Varanasi

Pema
President
SWA, CIHTS
SARNATH, VARANASI

Coordinator

Students' Welfare Association

3. Prof. Lal Mani Joshi Football Tournament



University annually organizes football tournament among its students. This year from 3rd to 21st August 2015, Professor Lal Mani Joshi Memorial Inter-Class Football Tournament was held for 18 days. The opening ceremony of the event was graced by the presence of Acharya Yeshe Phuntsok (M.P of CTA, Dharamshala) as Chief Guest.

Phuntok
कुलपति/REGISTRAR
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Central Institute of Higher Tibetan Studies
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CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity	:	Cultural show competition
Title of programme conducted	:	Interclass dance competition.
Date of programme	:	2 nd September, 2015
Venue of the Programme	:	Atisha hall, CIHTS, Sarnath
Expenditure details	:	Total Expenditure 21096 - borne by CIHTS, Varanasi
Number of students participated	:	48
Brief summary of the programme	:	On 2 nd September, the show was hosted to celebrate Tibetan democracy day and to witness the Tibetan culture.
Output	:	The function gave lots of new students on learning new songs and dance moves.


PRESIDENT
Students Association of
Performing Arts (S.A.P.A.)
CIHTS, Sarnath

Coordinator
SAPA



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CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity : Open talent show.
Title of programme conducted : CIHTS open talent show.
Objectives of programme : To give students to show cast their talents in different fields.
Date of programme : 5th September, 2015
Venue of the Programme : Atisha hall, CIHTS, Varanasi
Expenditure details : Total Expenditure 20000/- borne by CIHTS, Varanasi
Number of students participated : 30
Brief summary of the programme : The program produced mind blowing performances and the program created great opportunity to all.
Output : Winners got prizes and appreciation.


PRESIDENT:
Students Association of
Performing Arts (S.A.P.A.)
CIHTS, Sarnath, Varanasi
Coordinator
SAPA


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छात्र कल्याण समिति

STUDENTS' WELFARE ASSOCIATION

Name of the Activity : Football Tournament

Title of programme conducted : CIHTS premier league Football Tournament

Date of programme : 3- 18 January 2016

Venue of the Programme : L.M. Joshi Football Ground

Expenditure details : Total Expenditure was borne by CIHTS, Varanasi

Number of students participated : All the classes

Brief summary of the programme : The program was attended by all the students of C.I.H.T.S. being athletes or supporters of respective class. The Vice-Chancellor of the institute attended the opening ceremony as the chief guest.

Output : The program was successful.

Penpa
 President
 SWA, CIHTS
 SARNATH, VARANASI

Coordinator
 Students' Welfare Association

Bh...
 REGISTRAR
 Central Institute of Higher Tibetan Studies
 Sarnath, Varanasi

6

ANNUAL REPORT 2015-2016

which inter-class sporting events were organized. In the evening, a basketball match between the staff and students was held.

7. From 10th to 25th October 2015, a 15-day senior educational tour to Darjeeling, Kalimpong and Gangtok was arranged for sixty students. To enrich their wisdom the students visited academic institutions, universities, libraries and museums.
8. From 3rd January to 18th January 2016, the CUTC Premier League Football Tournament was held. The Hon'ble Director of CTS attended the Opening Ceremony as the Chief Guest.
9. From 23rd January to 26th January, 2016, a Senior Camp was organized by the coordination of SWFC. More than sixty students took part in the programme. Four well-known scholars were invited from outside. The Hon'ble Vice Chancellor of the University attended the opening ceremony.

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Central Institute of
Higher Education
काशी, वाराणसी



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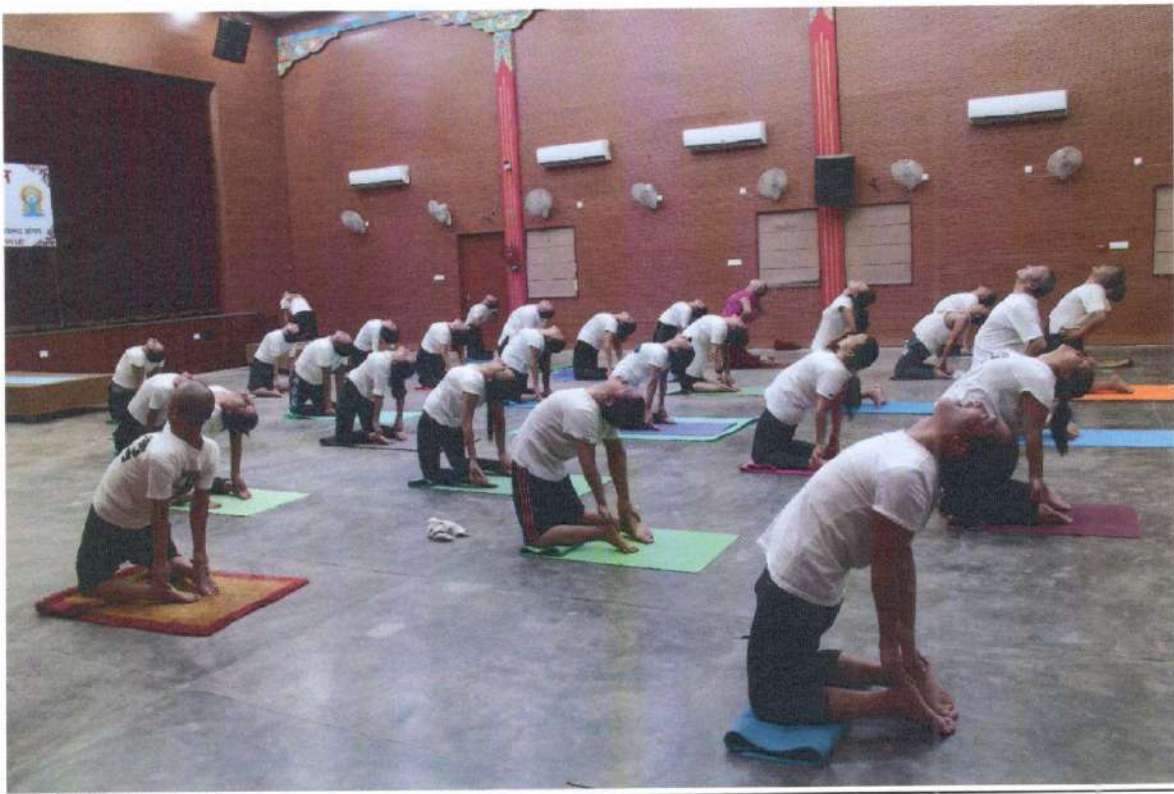
CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity : International day of Yoga
Title of programme conducted : Month long Yoga camp
Objectives of programme : To give the students and staff an opportunity to learn yogasanas and understand the importance of health and fitness.
Date of programme : 8th June to 8th July, 2016
Venue of the Programme : Sambhot Bhavan of CIHTS
Expenditure details : Cost was borne by CIHTS
Number of students participated : 60
Brief summary of the programme : A month long yoga camp was organized by physical instructor Mr. Tenzin Shenpen and international day of yoga was organized.
Output : Students and Staff of the institute greatly benefitted from this event.


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Coordinator

7. International Day of Yoga



From 8th June to 8th July 2016, a month-long yoga camp was organized by Physical instructor Mr. Tenzin Shenphen and on 21st June 2016 - International Yoga Day was observed. 60 students and staff members participated in the camp.

REGISTRATION
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छात्र कल्याण समिति

STUDENTS' WELFARE ASSOCIATION

Name of the Activity	: Annual Football Tournament
Title of programme conducted	: L.M. Joshi Football Tournament
Objectives of programme	: To remember the gratitude of Dr. Lal Mani Joshi and to promote fraternity and love among the students by playing football.
Date of programme	: 31st July- 15th August 2016
Venue of the Programme	: L.M. Joshi Football Ground
Expenditure details	: Total Expenditure was borne by CIHTS, Varanasi
Number of students participated	: All the classes
Brief summary of the programme	: Prof. Lal Mani Joshi Memorial inter-class football Tournament was held for 16 days
Output	: All the students actively participated in this tournament. The program was a huge success.

Signature
President
SWA, CIHTS
SARNATH, VARANASI
Coordinator

Students' Welfare Association

Signature
REGISTRAR
Central Institute of Higher Tibetan Studies
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सारनाथ, वाराणसी/Sarnath, Varanasi

Central Institute of Higher Tibetan Studies, Sarnath, Varanasi-221 007 (U.P.) India

President Phone No.

Email : swacihts@gmail.com

8. Prof. Lal Mani Joshi Football Tournament



From 31st July to 15th August 2016, Professor Lal Mani Joshi memorial Intra-Class Football Tournament was organized. All the classes participated in this tournament.

Shel
कुलसचिव/REGISTRAR
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छात्र कल्याण समिति

STUDENTS' WELFARE ASSOCIATION

Name of the Activity	: Marathon Run
Title of programme conducted	: Environment cleaning movement and marathon run
Objectives of programme	: To raise awareness towards the environment.
Date of programme	: 19 - 23 September 2016
Venue of the Programme	: Sarnath, Varanasi
Expenditure details	: Total Expenditure was borne by CIHTS, Varanasi
Number of students participated	: 25
Brief summary of the programme	: The student welfare association organized environment- cleaning movement followed by a marathon run on 23 rd September. Many students participated in the cleaning program and raised awareness among the local people towards cleanliness and hygiene through the marathon run.
Output	: The program was a huge success.

Nigmar
President
SWA, CIHTS
SARNATH, VARANASI

Coordinator

Students' Welfare Association

Bhul
REGISTRAR
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सारनाथ, वाराणसी/Sarnath, Varanasi

Central Institute of Higher Tibetan Studies, Sarnath, Varanasi-221 007 (U.P.) India

President Phone No.

Email : swacihts@gmail.com

9. Marathon Race



From 19th to 23rd September 2016, Environmental-cleaning movement was organized by the Student Welfare Association. To make aware the local people about the importance of cleanliness and hygiene a marathon race was organized on 23rd September 2016. 25 students participated in the Marathon run.

कुलसचिव Bheel BAR
केन्द्रीय उच्च तिब्बती शिक्षा संस्थान
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सारनाथ, वाराणसी/Sarnath, Varanasi



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Student Association of Performing Arts



Name of the Activity	:	Cultural Program.
Title of programme conducted	:	Inter-class cultural competition.
Objectives of programme	:	To celebrate Tibetan republic day.
Date of programme	:	2 nd September, 2016
Venue of the Programme	:	CIHTS, Varanasi
Expenditure details	:	Total Expenditure was borne by CIHTS, Varanasi
Number of students participated	:	All classes
Brief summary of the programme	:	On the occasion of Tibetan republic day, inter-class cultural competition was organized. The program produced mind blowing performances and the program created great opportunities for all.
Output	:	Winners got prizes and appreciation.

Coordinator

SAPA

Tenzin
PRESIDENT

Students Association of
Performing Arts (S.A.P.A.)
CIHTS, Sarnath, Varanasi

कुलसचिव
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10. Inter-class Cultural Competition




On 2nd September 2016, on the occasion of Tibetan Republic Day, inter-class cultural competition was organized. All the classes participated in this competition.



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CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity : Open talent show.
Title of programme conducted : CIHTS open talent show.
Objectives of programme : To give students to showcase their talents in different fields.
Date of programme : 03th September, 2016
Venue of the Programme : Atisha hall, CIHTS, Varanasi
Expenditure details : Total Expenditure 20000/- borne by CIHTS, Varanasi
Number of students participated : 50
Brief summary of the programme : The program produced mind blowing performances and the program created great opportunities for all.
Output : Winners got prizes and appreciation.


PRESIDENT
Students Association of
Performing Arts (S.A.P.A.)
CIHTS, Sarnath, Varanasi

Coordinator
SAPA


REGISTRAR
कुलसचिव
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Student Association of Performing Arts

Name of the Activity	:	Cultural Program.
Title of programme conducted	:	Independence day cultural program.
Objectives of programme	:	To celebrate Indian Independence day.
Date of programme	:	15 th August, 2016
Venue of the Programme	:	Atisha Hall, CIHTS, Varanasi
Expenditure details	:	Total Expenditure was borne by CIHTS, Varanasi
Number of students participated	:	All classes
Brief summary of the programme	:	On the occasion of Indian Independence day, cultural program was organized.
Output	:	The program was appreciated by all the staff.

Coordinator

SAPA
Fenzu
PRESIDENT
Students Association of
Performing Arts (S.A.P.A.)
CIHTS, Sarnath, Varanasi


Bha
REGISTRAR
कुलसचिव/REGISTRAR
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CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity : Tibetan Losar Celebration
Title of programme conducted : Losar cultural dance show
Objectives of programme : To celebrate the Losar of Tibet through ancient Tibetan style by showing Tibetan cultural dance.
Date of programme : 09 February 2016
Venue of the Programme : Atisha hall
Expenditure details :
Number of students participated : 19
Brief summary of the programme : On 09 February, 2016, we the member of student association of performing arts CIHTS, Varanasi organized three - day dance show for all our institute teachers and students.
Output : We get opportunity to follow our ancient culture by showing Tibetan dance like tashi sholpa, lhamo mand drekar etc.


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CIHTS, Sarnath, Varanasi

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(K)

CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity : Cultural show competition
Title of programme conducted : Interclass dance competition.
Date of programme : 2nd September, 2016
Venue of the Programme : Atisha hall, chits, Sarnath
Expenditure details : Total Expenditure 33446 - borne by CIHTS, Varanasi
Number of students participated : 51
Brief summary of the programme : On 2nd September, the show was hosted to celebrate Tibetan democracy day and to witness the Tibetan cultures.
Output : The function gave new students an opportunity to learn new songs and dance moves.


PRESIDENT
Students Association of
Performing Arts (S.A.P.A.)
CIHTS, Sarnath, Varanasi

Coordinator

SAPA


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CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity : Open talent show.
Title of programme conducted : CIHTS open talent show.
Objectives of programme : To give students to showcase their talents in different fields.
Date of programme : 03th September, 2016
Venue of the Programme : Atisha hall, CIHTS, Varanasi
Expenditure details : Total Expenditure 20000/- borne by CIHTS, Varanasi
Number of students participated : 50
Brief summary of the programme : The program produced mind blowing performances and the program created great opportunities for all.
Output : Winners got prizes and appreciation.


PRESIDENT,
Students Association of
Performing Arts (S.A.P.A.)
CIHTS, Sarnath, Varanasi

Coordinator

SAPA


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सारनाथ, वाराणसी/Sarnath, Varanasi



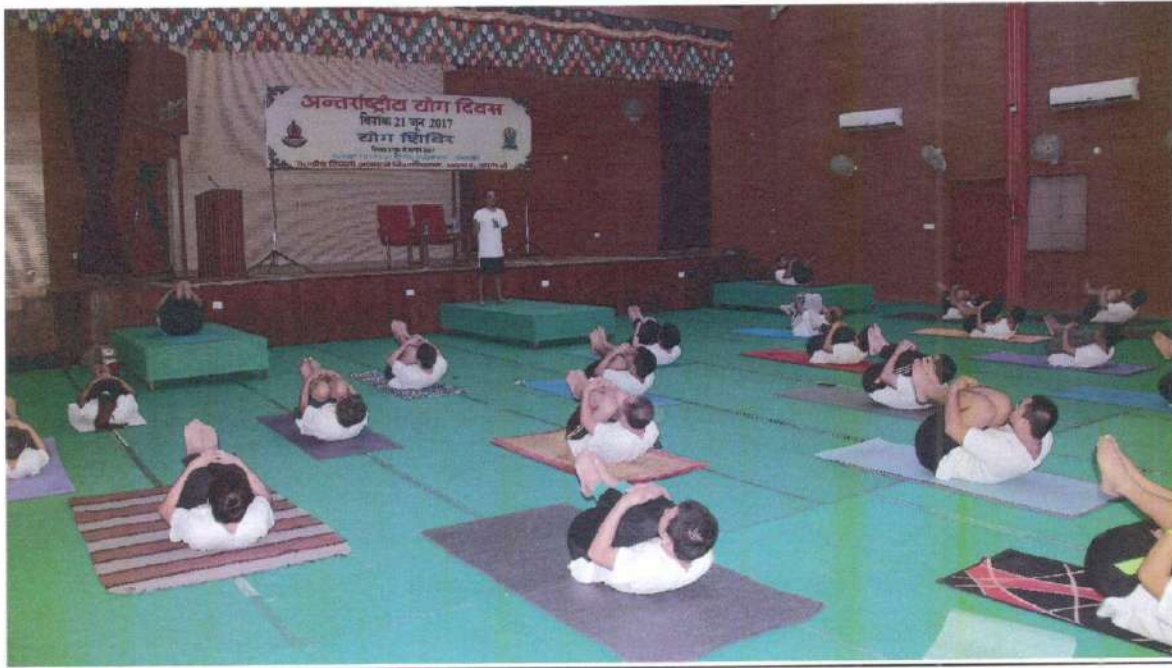
CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity	:	International day of Yoga
Title of programme conducted	:	Month long Yoga camp
Objectives of programme	:	To give the students and staff an opportunity to learn yogasanas and understand the importance of health and fitness.
Date of programme	:	1-30 June 2017
Venue of the Programme	:	Sambhot Bhavan of CIHTS
Expenditure details	:	Cost was borne by CIHTS
Number of students participated	:	All Students
Brief summary of the programme	:	An extensive yoga campaign was administered at the campus in which all the faculty members and students participated along with administrative staff members. On 21 st June 2017 international day of yoga was also celebrated on campus.
Output	:	Students and Staff of the institute greatly benefitted from this event.


REGISTRAR
 केंद्रीय उच्च तिब्बती शिक्षा संस्थान
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Coordinator

16. International Day of Yoga



From 1st to 30th June 2017, an extensive Yoga Campaign was administered at the campus in which all the faculty members and students participated along with administrative staff members. On 21st June 2017, International Yoga Day was celebrated in the university campus.

कुलसचिव/REGISTRAR
केन्द्रीय उच्च शिक्षण संस्थान
Central Institute of Higher Education
डीमड विध्वंसितालय/Doemed Varanasi
सारनाथ, वाराणसी/Sarnath, Varanasi



ལྷོ་བོ་གཉེན་བཞི་བདེ་དོན་ལྷན་ཚོགས།

छात्र कल्याण समिति

STUDENTS' WELFARE ASSOCIATION

Name of the Activity : Annual Football Tournament

Title of programme conducted : L.M. Joshi Football Tournament

Objectives of programme : To remember the gratitude of Dr. Lal Mani Joshi and to promote fraternity and love among the students by playing football.

Date of programme : 15-7-2017

Venue of the Programme : L.M. Joshi Football Ground

Expenditure details : Total Expenditure 7000 borne by CIHTS, Varanasi

Number of students participated : All the classes

Brief summary of the programme : The program was attended by all the students of C.I.H.T.S. being athletes or supporters of respective classes.

Output : The program was successful.

Sangra
 President
 SWA, CIHTS
 SARNATH, VARANASI
 Coordinator

Students' Welfare Association

[Signature]
 REGISTRAR
 केंद्राध्यक्ष
 Central Institute of Higher Tibetan Studies
 चन्द्र विहारी शर्मा Tibetan University
 सारनाथ, वाराणसी Sarnath, Varanasi

17. Prof. Lal Mani Joshi Football Tournament



On 15th August 2017, Indian Independence day, the final match of Professor Lal Mani Joshi memorial Intra-Class Football Tournament was organized.

कुलसचिव/REGISTRAR
केन्द्रीय उच्च शिक्षण विद्यालय
Central Institute of Technology
म. वि. विद्यापीठ, सूर्यगढी, सातारा, महाराष्ट्र



ལྷོ་བོ་གཞིན་བའི་བདེ་དོན་སྒྲུབ་ཚོགས།

छात्र कल्याण समिति

STUDENTS' WELFARE ASSOCIATION

Name of the Activity	: Sports
Title of programme conducted	: Inter-Class Boys and Girls Basketball Tournament
Objectives of programme	: To spread the awareness of health as well as to escalate the basketball skills. And also to celebrate 26 th January Indian Republic day.
Date of programme	: 26 January, 2018
Venue of the Programme	: Basketball court
Expenditure details	: Total Expenditure was borne by CIHTS, Varanasi
Number of students participated	: All the classes
Brief summary of the programme	: The tournament was attended by all the students of C.I.H.T.S. being athletes or supporters of respective class.
Output	: The tournament was successful.

Jangpo
President
SWA, CIHTS
SARNATH, VARANASI

Coordinator

Students' Welfare Association

Shree
REGISTRAR
केन्द्रीय उच्च तिब्बती विद्या संस्थान
Central Institute of Higher Tibetan Studies
डी-3 संत, आर्य समाज, वाराणसी/Sarnath, Varanasi

18. Inter-class Boys and Girls Basketball Tournament



कुलसचिव *Shard* STRAR
केन्द्रीय उच्च तिब्बती शिक्षा संस्थान
Central Institute of Higher Tibetan Studies
ईम्ह विश्वविद्यालय (IHMED) University
सौरागध, वासुगरी/Sarnath, Varanasi



On 26th January 2018, an inter class basketball tournament was held to salute the bravery and patriotism of all the self-immolators in Tibet.

कुलसचिव/REGISTRAR
 केन्द्रीय उच्च तिब्बती शिक्षा संस्थान
 Central Institute of Higher Tibetan Studies
 डीम्ड विश्वविद्यालय/Deemed University
 सारनाथ, वाराणसी/Sarnath, Varanasi



དབུས་བོད་ཀྱི་ཆེས་མཐོའི་གཙུག་ལག་སློབ་གཉེར་ཁང་།

སློབ་གཉེར་སློབ་གར་ཚོགས་པ།

Student Association of Performing Arts



Name of the Activity	:	Cultural Show
Title of programme conducted	:	Cultural Show Competition
Objectives of programme	:	To make joyful and colourful day by showing cultural dance.
Date of programme	:	2 nd September, 2017
Venue of the Programme	:	Atisha Hall, CIHTS, Varanasi
Number of students participated	:	60
Brief summary of the programme	:	A cultural show competition was organized among the junior students.
Output	:	Winners received prizes.

SAPA

Tenzin
PRESIDENT

Students Association of
Performing Arts (S.A.P.A.)
CIHTS, Sarnath, Varanasi

[Signature]
कुलसचिव/REGISTRAR
केन्द्रीय उच्च तिब्बती शिक्षा संस्थान
Central Institute of Higher Tibetan Studies
डीम्ड विश्वविद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi

Central University of Tibetan Studies, Sarnath, Varanasi-221007 (U.P.) India

Tel. : 00915422587594, 2585242, 2585148 * Fax: 0091-542-2585150 * Email: sapa277@yahoo.com

website www.cuts.ac.in

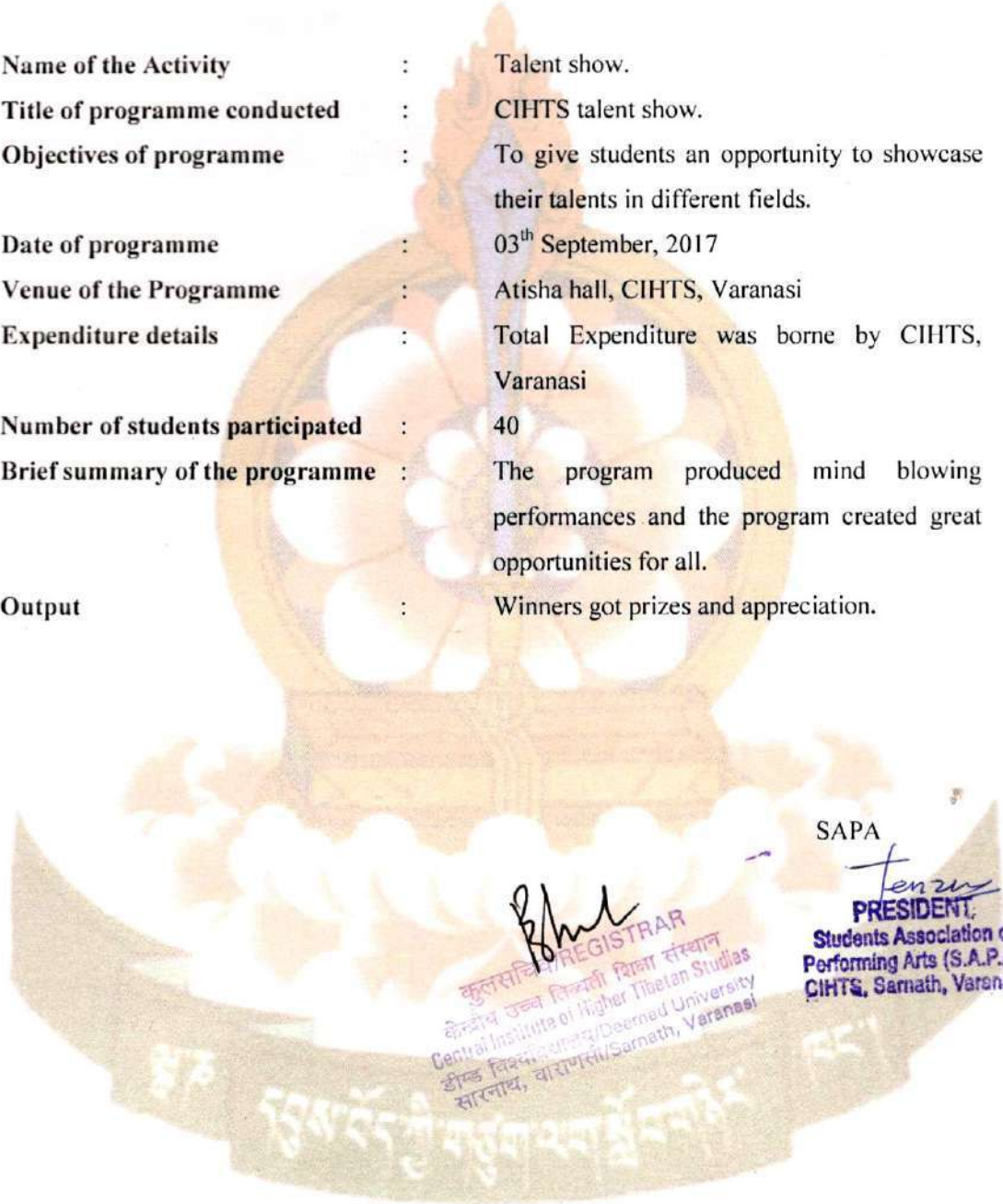


དབུས་བོད་ཀྱི་ཆེས་མཐོའི་གཙུག་ལག་སློབ་གཉེར་ཁང་།
སློབ་གཉེར་སློས་གར་ཚོགས་པ།



Student Association of Performing Arts

- Name of the Activity : Talent show.
Title of programme conducted : CIHTS talent show.
Objectives of programme : To give students an opportunity to showcase their talents in different fields.
Date of programme : 03th September, 2017
Venue of the Programme : Atisha hall, CIHTS, Varanasi
Expenditure details : Total Expenditure was borne by CIHTS, Varanasi
Number of students participated : 40
Brief summary of the programme : The program produced mind blowing performances and the program created great opportunities for all.
Output : Winners got prizes and appreciation.



Bhm
REGISTRAR
केन्द्रीय उच्च तिब्बती विद्या संस्थान
Central Institute of Higher Tibetan Studies
डीएन विद्वानसालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi

SAPA
Tenzin
PRESIDENT
Students Association of
Performing Arts (S.A.P.A.)
CIHTS, Sarnath, Varanasi

20. Talent Show Competition



कुलसचिव REGISTRATION
केन्द्रीय उच्च शिक्षण संस्थान
Central Institute of Higher Tibetan Studies
डी.ए.डी. विश्वविद्यालय/Deemed University
सारनाथ, वाराणसी, Varanasi



On September 3, 2017 - A Talent Show was organized among the students of the Institute to showcase and enhance their talent in different fields. 40 students participated in the show.

कुलसचिव REGISTRAR
केन्द्रीय कुल
Central Institute of Technology
डीएमड विद्यापीठ
साकनास, रायगड




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CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity : Tibetan Losar
Title of programme conducted : Losar cultural dance show
Objectives of programme : To make joyful and colourful day by showing cultural dance.
Date of programme : 27 February, 2017
Venue of the Programme : Dukhor Lhakang lawn
Number of students participated : 18 students 3 outsider.
Brief summary of the programme : On 27th February, 2017, we 7th SAPA member of CIHTS, organized three dances on the first day of Losar and 5 dances on each night of following three day of Losar.
Output : We make our Losar joyful and colourful


PRESIDENT
Students Association of
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CIHTS, Sarnath, Varanasi

SAPA


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Central Institute of Higher Tibetan Studies
डीम्ड विश्वविद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi

22. Cultural Programme "The Himalayan Show"



कुलसचिव/Sheel RAR
केन्द्रीय उच्च तिब्बती शिक्षा संस्थान
Central Institute of Higher Tibetan Studies
डीन विभाग/Dean's Office
सारास, बाराणसी/Saraswati, Varanasi



On January 1st 2018, a cultural program "The Himalayan Show" was organized on the occasion of golden jubilee celebration in the presence of distinguished guests and alumni of the institute. All the students of the institute participated in the programme.

Sheel
कुलसचिव/REGISTRAR
केन्द्रीय उच्च तिब्बती विद्या संस्थान
Central Institute of Higher Tibetan Studies
डीएच विश्यम परगनाथ, Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi



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CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity : Tibetan Losar
Title of programme conducted : Losar cultural dance show
Objectives of programme : To celebrate Losar.
Date of programme : 16th February 2018
Venue of the Programme : Dukhor Lhakhang lawn
Number of students participated : 18
Brief summary of the programme : On 16th February, 2018 we 8th SAPA conducted a morning cultural dance on the first day followed by three days of night shows.
Output : To make this auspicious day colorful and joyful for all the students.


REGISTRAR
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Central Institute of Higher Tibetan Studies
डीन्ड विद्यापीठसंस्थान/Deemed University
सार्नाथ, वाराणसी/Sarnath, Varanasi


PRESIDENT
Students Association of
Performing Arts (S.A.P.A.)
CIHTS, Sarnath, Varanasi


Coordinator
SAPA



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CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity : Cultural show competition
Title of programme conducted : Interclass dance competition.
Date of programme : 15th September, 2018
Venue of the Programme : Atisha hall, CIHTS, Sarnath
Expenditure details : Total Expenditure 48000- borne by CIHTS, Varanasi
Number of students participated : 49
Brief summary of the programme : On 2nd September, the show was hosted to celebrate Tibetan democracy day and to witness the Tibetan cultures.
Output : The function was a success.


कुलसचिव/REGISTRAR
केन्द्रीय उच्च तिब्बती शिक्षा संस्थान
Central Institute of Higher Tibetan Studies
इन्डि विश्वविद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi


PRESIDENT
Students Association of
Performing Arts (S.A.P.A.)
CIHTS, Sarnath, Varanasi

Coordinator

SAPA



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CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity	:	Open talent show.
Title of programme conducted	:	CIHTS open talent show.
Objectives of programme	:	To give students an opportunity to showcase their talents in different fields.
Date of programme	:	3 rd September, 2019
Venue of the Programme	:	Atisha hall, chits, Sarnath
Expenditure details	:	Total Expenditure 30000/- borne by CIHTS, Varanasi
Number of students participated	:	30
Brief summary of the programme	:	The program produced mind blowing performances and the program create great opportunity for all.
Output	:	Winner got prizes and appreciations.


कुलसचिव/REGISTRAR
केन्द्रीय उच्च तिब्बती विद्या संस्थान
Central Institute of Higher Tibetan Studies
डीम्ड विश्वविद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi


PRESIDENT
Students Association of
Performing Arts (S.A.P.A.)
CIHTS, Sarnath, Varanasi

Coordinator
SAPA



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CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity : Tibetan Losar
Title of programme conducted : Tibetan cultural show
Objectives of programme : To celebrate Tibetan New Year.
Date of programme : 5th February, 2019
Venue of the Programme : Dhukhor lhakang lawn
Number of students participated : 16
Brief summary of the programme : On 5th February, 2019, we 8th SAPA organized morning cultural dance show on the first day and three days of continuous night show.
Output : Through the cultural dance show we give a reflection of traditional celebration of Tibetan Losar


कुलसचिव/REGISTRAR
केन्द्रीय उच्च तिब्बती शिक्षा संस्थान
Central Institute of Higher Tibetan Studies
डीम्ड विश्वविद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi


PRESIDENT
Students Association of
Performing Arts (S.A.P.A.)
CIHTS, Sarnath, Varanasi

Coordinator
SAPA



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CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity : Cultural show competition
Title of programme conducted : Interclass dance competition.
Date of programme : 2nd September, 2019
Venue of the Programme : Atisha hall, chits, Sarnath
Expenditure details : Total Expenditure 74806- borne by CIHTS,
Varanasi
Number of students participated : 45
Brief summary of the programme : On 2nd September, the show was hosted to
celebrate Tibetan democracy day and to witness
the Tibetan cultures.
Output : The function was a success.


REGISTRAR
केन्द्रीय उच्च तिब्बती विद्या संस्थान
Central Institute of Higher Tibetan Studies
डीम्ड विश्वविद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi


PRESIDENT
Students Association of
Performing Arts (S.A.P.A.)
CIHTS, Sarnath, Varanasi

Coordinator
SAPA



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CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity	:	Open talent show.
Title of programme conducted	:	CIHTS open talent show.
Objectives of programme	:	To give students an opportunity to showcase their talents in different fields.
Date of programme	:	3 rd September, 2019
Venue of the Programme	:	Atisha hall, chits, Sarnath
Expenditure details	:	Total Expenditure 30000/- borne by CIHTS, Varanasi
Number of students participated	:	30
Brief summary of the programme	:	The program produced mind blowing performances and the program create great opportunity for all.
Output	:	Winner got prizes and appreciations.


कुलसचिव/REGISTRAR
केन्द्रीय उच्च तिब्बती विद्या संस्थान
Central Institute of Higher Tibetan Studies
डीम्ड विश्वविद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi


PRESIDENT
Students Association of
Performing Arts (S.A.P.A.)
CIHTS, Sarnath, Varanasi

Coordinator
SAPA



23

CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity : Inter-college annual meet
Title of programme conducted : Inter-college dance competition
Objectives of programme : To create opportunity for the younger generation to enhance the importance of Tibetan cultures.
Date of programme : 14-17th September, 2019
Venue of the Programme : Youth hostel, Delhi
Expenditure details : (cost was borne by SWA)
Number of students participated : 20
Brief summary of the programme : It was hosted to witness the competition between the different colleges regarding cultural dance of Tibet. Show lasted for three days.
Output : Our students bagged 1st position.


कुलासचिव/REGISTRAR
केन्द्रीय उच्च तिब्बती विद्या संस्थान
Central Institute of Higher Tibetan Studies
डीएच विद्यपीठ/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi


PRESIDENT
Students Association of
Performing Arts (S.A.P.A.)
CIHTS, Sarnath, Varanasi

Coordinator
SAPA



ལྷོ་བོ་གཞིར་བའི་བདེ་དོན་ལྷན་ཚོགས།

छात्र कल्याण समिति
STUDENTS' WELFARE ASSOCIATION



CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity : Annual Football Tournament
Title of programme conducted : L.M. Joshi Football Tournament
Objectives of programme : To remember the gratitude of Dr. Lal Mani Joshi and to promote fraternity and love among the students by playing football.
Date of programme : 1-8-2019
Venue of the Programme : L.M. Joshi Football Ground
Expenditure details : Total Expenditure 60, 00.00 borne by CIHTS, Varanasi
Number of students participated : all the class
Brief summary of the programme : The program was attended by all the students of C.I.H.T.S. being athletes or supporters of respective class.
Output :
 The program was successful.

कुलसचिव/REGISTRAR
 Central Institute of Higher Tibetan Studies
 Sarnath, Varanasi

Tenzin
 President
 SWA, CIHTS
 SARNATH, VARANASI

Coordinator

48th Students' Welfare Association



ཨོ་ཨོ་གཞེས་བའི་བདེ་དོན་ལྷན་ཚོགས།

छात्र कल्याण समिति
STUDENTS' WELFARE ASSOCIATION



CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity : Athletics

Title of programme conducted : Athletics Event on Tibetan Democracy Day

Objectives of programme : To escalate the sports skills in students and celebrate Tibetan Democracy Day

Date of programme : 2-9-2019

Venue of the Programme : L.M. Joshi Football Ground

Expenditure details : Total Expenditure 57,300.00 borne by CIHTS, Varanasi

Number of students participated : all the class

Brief summary of the programme : The program was attended by all the students of C.I.H.T.S. being athletes or supporters of respective class.

Output :
The program was successful.

[Handwritten Signature]
REGISTRAR
केन्द्रीय उच्च तिब्बती विद्या संस्थान
Central Institute of Higher Tibetan Studies
केन्द्रीय विद्यापीठ, Deemed University
सार्नाथ, वाराणसी, Sarnath, Varanasi

Tenzin
President
SWA, CIHTS
SARNATH, VARANASI

Coordinator

48th Students' Welfare Association



སློབ་གཉེན་བདེ་བདེ་དོན་ལྷན་ཚོགས།
छात्र कल्याण समिति
STUDENTS' WELFARE ASSOCIATION



CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
 (Deemed University)
SARNATH, VARANASI

Name of the Activity : Sport
Title of programme conducted : Inter-Class Boys and Girls Basketball Tournament
Objectives of programme : To spread the awareness of health as well as to escalate the basketball skills. And also to celebrate 26th January.
Date of programme : 10th to 26th January, 2019
Venue of the Programme : Basketball court
Expenditure details : Total Expenditure 86,000.00 borne by CIHTS, Varanasi
Number of students participated : all the class
Brief summary of the programme : The tournament was attended by all the students of C.I.H.T.S. being athletes or supporters of respective class.
Output :
 The tournament was successful.

Handwritten signature

Tenzin
 President
 SWA, CIHTS
 SARNATH, VARANASI

Coordinator

कुलर/विन/REGISTRAR
 केन्द्रीय उच्च तिब्बती विज्ञान संस्थान
 Central Institute of Higher Tibetan Studies
 ईन्डियन विस्वाविद्यालय (Deemed University)
 सारनाथ, वाराणसी/Sarnath, Varanasi