



CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES

(Deemed University)

SARNATH, VARANASI

Capability enhancement and development schemes from 2015-2020

Sr. No.	Name of the capability enhancement scheme	Year of implementation	Number of students enrolled	Name of the agencies involved with contact details
1	One month Translation Workshop for translating Tibetan Buddhist text into English	2015	40	Prof. Gavin Kilty from Institute of Tibetan Classics
2	A Discourse on the Pali text "Visuddhimagga"	2015	25	Prof. Richard Tilakaratne, Canada
3	15 day camp on "Quantum Science"	2015	40	Prof. Partha C. Ghose
4	Workshop on Tibetan Language and literature	2015	90	Riglab, The Student's Editorial Board of CIHTS
5	15 days Sanskrit training Program (Spoken Sanskrit Classes)	2015	42	Dr. D.D Chaturvedi Mo. No. 9451570835
6	Career counselling (Under Mentorship Program)	2015	211	Mentor teachers
7	15 days Sanskrit training Program (Spoken Sanskrit Classes)	2016	45	Dr. D.D Chaturvedi Mo. No. 9451570835
8	Sanskrit Debate Competition Topic "Gandhimargen Aatankavadah Shamyati Na Va"	2016	40	Dr. D.D Chaturvedi Mo. No. 9451570835
9	Sanskrit Debate Competition Topic "Baudha-vangamayagyanaasya Sanskritamavashyakam na va"	2016	35	Dr. D.D Chaturvedi Mo. No. 9451570835
10	Sanskrit Essay writing competition on the Topic "Bharstacharonmulane Sanskritshikshay Upayogitvam"	2016	50	Dr. D.D Chaturvedi Mo. No. 9451570835
11	Sanskrit Essay writing competition on the Topic "Dharamo Rakshati Rakshita"	2016	60	Dr. D.D Chaturvedi Mo. No. 9451570835


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12	Sanskrit Kavi Sammelan (Training on Composing Sanskrit Creative poetry and Dramaturgy)	2016	17	Dr. D.D Chaturvedi Mo. No. 9451570835
13	Month Long Yoga Camp	2016	60	Physical Instructor Mr. Tenzin Shenpen
14	15 days Sanskrit training Program (Spoken Sanskrit Classes)	2016	40	Dr. D.D Chaturvedi Mo. No. 9451570835
15	Career counselling (Under Mentorship Program)	2016	209	Mentor teachers
16	15 days Sanskrit training Program (Spoken Sanskrit Classes)	2017	45	Dr. D.D Chaturvedi Mo. No. 9451570835
17	15 days Sanskrit training Program (Spoken Sanskrit Classes)	2017	20	Dr. D.D Chaturvedi Mo. No. 9451570835
18	Sanskrit debate Competition (Spoken Sanskrit Class)	2017	25	Dr. D.D Chaturvedi Mo. No. 9451570835
19	Month Long Yoga Camp	2017	200	Physical Instructor Mr. Tenzin Shenpen
20	Sanskrit Essay writing competition	2017	50	Dr. D.D Chaturvedi Mo. No. 9451570835
21	Sanskrit Kavi Sammelan (Training on Composing Sanskrit Creative poetry and Dramaturgy)	2017	50	Dr. D.D Chaturvedi Mo. No. 9451570835
22	15 days Sanskrit training Program (Spoken Sanskrit Classes)	2017	48	Dr. D.D Chaturvedi Mo. No. 9451570835
23	15 days Sanskrit training Program (Spoken Sanskrit Classes)	2017	55	Dr. D.D Chaturvedi Mo. No. 9451570835
24	Sanskrit debate Competition "Baudhadharmena visvabandhutvam sambhavyate na va" (Spoken Sanskrit Class)	2017	50	Dr. D.D Chaturvedi Mo. No. 9451570835


मुख्य सचिव/REGISTRAR
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25	Sanskrit debate Competition " Bharatam visvagurupadasinam sambhavyate na va" (Spoken Sanskrit Class)	2017	40	Dr. D.D Chaturvedi Mo. No. 9451570835
26	Sanskrit Essay writing competition on the Topic "Santosa eva purusasya param nidhanam"	2017	50	Dr. D.D Chaturvedi Mo. No. 9451570835
27	Sanskrit Essay writing competition on the Topic "Parayattam hi jivanam"	2017	40	Dr. D.D Chaturvedi Mo. No. 9451570835
28	Fine Arts (Workshop on Mandala)	2017	5	Ven Tseten Tashi
29	Career counselling (Under Mentorship Program)	2017	222	Mentor teachers
30	Sanskrit debate Competition	2018	30	Dr. D.D Chaturvedi Mo. No. 9451570835
31	Fine Arts (Painting workshop)	2018	15	Dr. Vijay Dore and Mr. Vojay Somanchi
32	Fine Arts (Painting workshop)	2018	15	Ekaterina Abramova
33	Shastrarth (Debate) compulsory for all students throughout the academic session 2018-19 for two hours every day 5 days a week	2018	250	Respective Department teachers
34	Career counselling (Under Mentorship Program)	2018	250	Mentor teachers
35	Talk on Buddhist Philosophy and meditation	2018	200	Prof.Samdhong Rinpoche
36	Workshop on "Educational Philosophy and Pedagogy Trends"	2018	25	Prof. K. Dorasami
37	Saraswata Sanskrit Grammar Class	2018	40	Dr. D.D Chaturvedi Mo. No. 9451570835


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38	Shastrarth (Debate) compulsory for all students throughout the academic session 2019-20 for two hours every day 5 days a week	2019	256	Respective Department teachers
39	Training for deciphering ancient manuscripts (Workshop on Brahmi Script and Buddhist Manuscripts)	2019	38	Dr. Anirban Dash 7769934157
40	11 Days Yoga training course	2019	56	Dr. A.K. Rai Mo. No.- 7769934157
41	Basic of Linguistic Teaching Workshop	2019	100	Dr. Mahesh Sharma Mo. No. - 8107174341 Dr. Jasmeet Gill Mo. No. - 9838544031
42	Student Symposium - Analysing the Universal in a Single Atom by His Holiness The Dalai Lama	2019	22	Student Welfare Association of CIHTS
43	Discussion on Impact of Environment on Health & Health cost (One day 22.11.2019)	2019	51	Mr. Ramkripal Pandey
44	Session On Buddhist Meditation	2019	150	Ven. Mingyur Rinpoche
45	English Learning and Documentary Club	2019	50	Dr. Mahesh Sharma Mo. No. - 8107174341 Dr. Jasmeet Gill Mo. No. - 9838544031
46	Five Days Workshop on "Nalanda Tradition of Buddhist Philosophy on Education (Teaching-Learning and Ethical Values) and Conflict Resolution and non-violence"	2019	53	Sh.Tsering Samdup and Sh.Karma Lekshey
47	Buddhist Pedagogy Talk	2019	40	Prof. John Powers, Deakin University


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48	Workshop on Research Methodology	2019	30	Prof. Jay L. Garfield, Smith College and Dr. Sonam Thakchoe, University of Tasmania
49	Lecture on Dependent Origination and Selflessness in Pali Tradition	2019	48	Venerable Bhikshu Bodhi
50	One day workshop and resource talk on "A Journey of Intelligence quotient to emotional quotient	2019	20	Dr. Sunita Singh, Associate Professor from faculty of education, BHU
51	Fine Arts Workshop (Demonstration and Lecture)	2019	15	Mr. Chandan Kumar
52	Talk and discussion on "History of Sorig Drophenling Medical School at Drepung Monastery by the 5th Dalai Lama in Tibet	2020	51	Geshe Jigme Rabten, Drepung Loseling, Karnataka
53	OPD, IPD and dispensing training for intern students of Sowa Rigpa (Including management of Covid-19 Cases)	2020	3	Teachers From Sowa-Rigpa Department
54	Film Training Workshop	2020	9	Ronnie Novick & Rebecca Novick E-mail: achosenlife@gmail.com
55	Career counselling (Under Mentorship Program)	2020	256	Mentor teachers
56	Personal Counselling	Every Year	Conventional Basis	Dr. A.K. Rai Mo. No.- 7769934157


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1. Translation Workshop



A one-month "Translation Workshop" was organized from 5th January, 2015, which was coordinated by Ven. Dr. Tashi Tsering, Associate Professor & the Dean of the Faculty of Hetu evam Adhyatma Vidya with the assistance of Students'

Welfare Association Committee. Both the theoretical teachings and practical trainings of the workshop were given by Prof. Gavin Kilty, who is a scholar of Tibetan Buddhism and full-time translator of the Institute of Tibetan Classics as well as translation reviewer of 84000: Translating the Words of the Buddha. The workshop was aimed to train the students in translation techniques for translating Tibetan Buddhist texts into English. The number of participants was limited to 40, and the seats were given on the basis of the merit that was ascertained by a language test conducted by the Department of Classical and Modern Languages.

Rheed

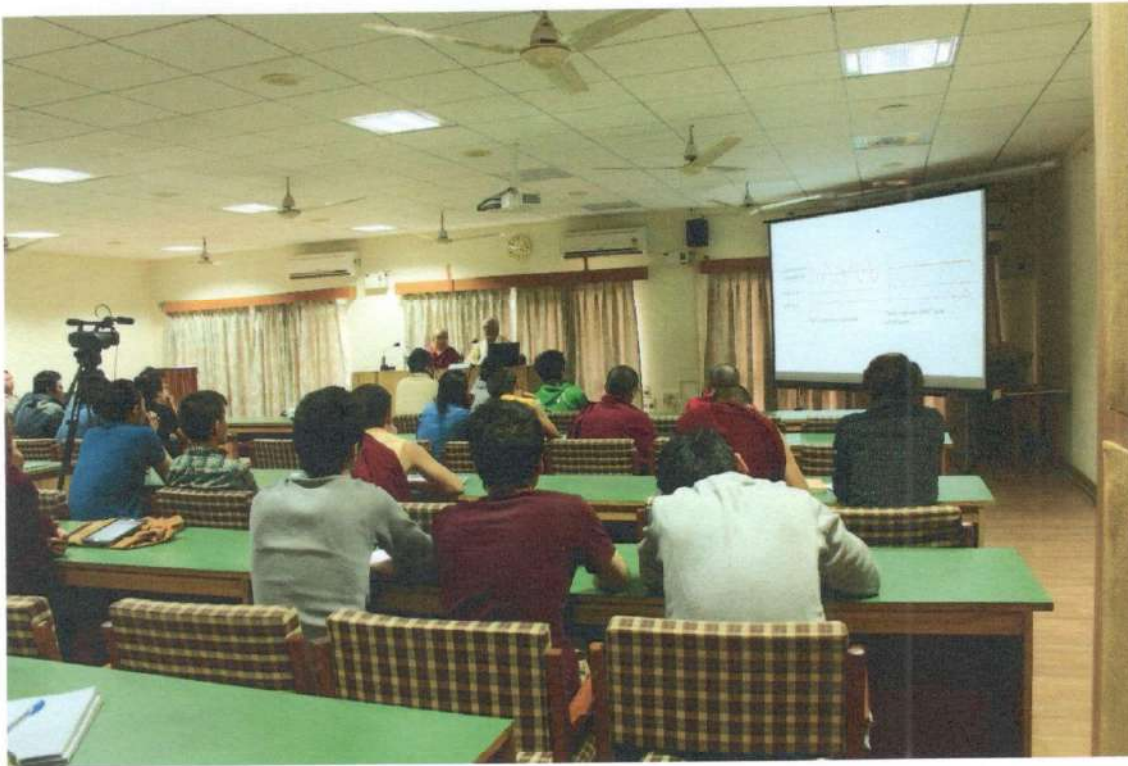
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2. A Discourse on the Pali text "Visuddhimagga"

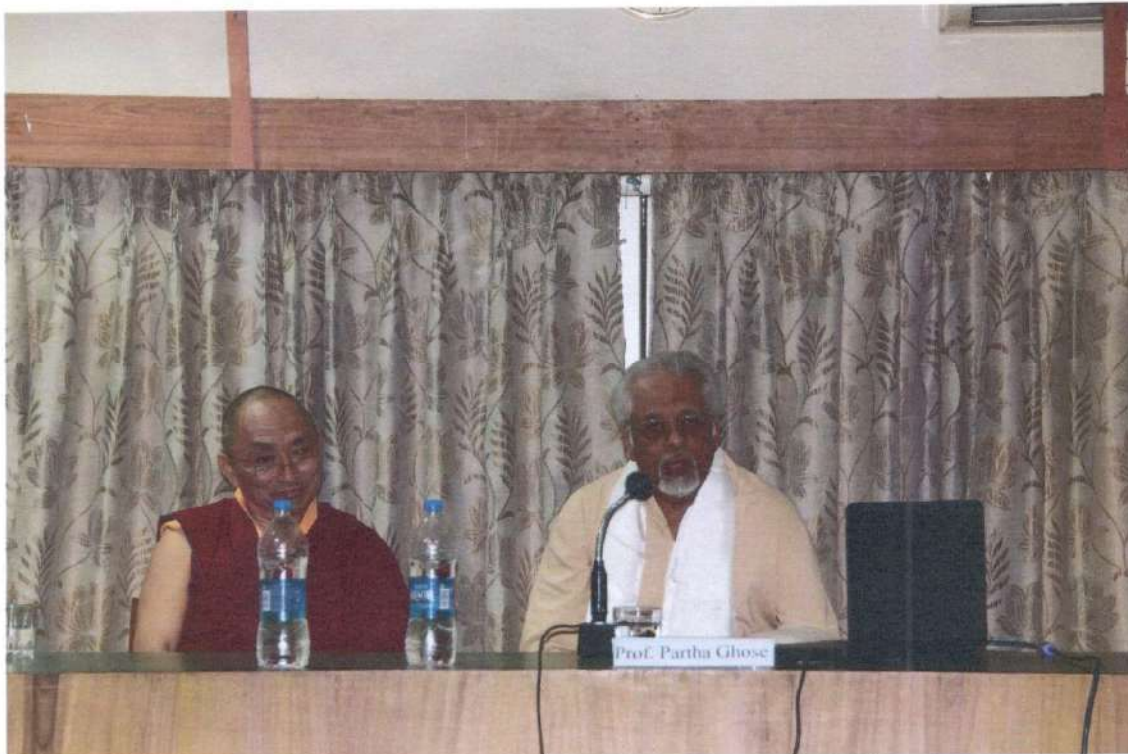
The University has invited Prof. Richard Tilakaratne, who is a senior Pali scholar originally from Sri Lanka, a Canadian citizen now, and has been teaching Pali in various Buddhist Centres and Academic Institutions around the world, to conduct (i) a discourse on the Pali text "Visuddhimagga" for research scholars, Ph.D. and M.Phil students as well as interested faculty members, Acharya and Shastri students; (ii) Pali Course for Beginners, which is open to all interested Faculty members, research scholars and students. The courses have been conducting 4 days in a week w.e.f. February, 2015. 25 students enrolled in this programme.

Bheer
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3. A 15-day camp on "Quantum Science"



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In continuation to the series of science camps, a 15-day camp on "Quantum Science" was organized by the institute from 26th February to 12th March, 2015. The camp was conducted by Prof. Partha C. Ghose, a renowned physicist, in Sambhot Bhawan of the University. The Students'

Welfare Association Committee successfully coordinated by the course, around 40 regular student's participants and observers attended the course. A certificate of participation was given to all the participants.

Sheel
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4. Workshop on Tibetan Language and literature



The Editorial Board of Riglab, (The students' magazine), organized a Workshop on Tibetan Language and Literature from 25th to 27th September, 2015. 90 senior students participated in the workshop. The organizers had invited writers and scholars to deliver lectures on various issues of the theme with hands on training.

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Pheel



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Name of the Program : Spoken Sanskrit Class
Title of programme conducted : 15 Days Sanskrit training program
Objectives of programme : To improve Spoken Sanskrit Skills of the students
Date of programme : 3rd -17th October 2015
Number of students participated : 42
Brief summary of the programme : Fifteen days Sanskrit Training Program was organized for junior students which began from 3rd October 2015.
Output : The program helped all the students to improve their knowledge of Sanskrit language.


Coordinator

Prof. D.D. Chaturvedi


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Central University of Tibetan Studies
Sarnath, Varanasi

TI/SA/Mentor/2015

Dated: 30th July, 2015

NOTICE

As all are aware that the practice of Mentorship programme in our University is very much appreciated by many within and outside including UGC visiting team. This practice has been initiated with the inspiration drawn from traditional education system of ancient India and Tibetan education system. The main purpose of this programme is to provide a holistic guidance and mentorship for the development of students' ethical, spiritual and social values incorporating with their academic advancement.

This programme is to be intensified and reinforced with regular exercise and interaction between the teacher and the group of students assigned to him/her.

The mentor and students meeting must take place atleast twice in a week covering any subject that is found necessary for the students. A notebook may be maintained in which the date, time and subject covered may be mentioned. The attendance may also necessarily be maintained. The students who remain absent for more than two sessions may be reported to the Dean of Students' Welfare.

A notebook with namelist is hereby provided to every individual mentor to maintain the records mentioned above.

This is issued with the approval of competent authority. All concerned may kindly note.



(Prof. G. N. Samten)
Vice Chancellor

CC to:-

1. PA to Vice Chancellor for kind information of Hon'ble V.C.
2. All the Deans of the Faculties and Heads of the Departments (Teaching & Research)
3. All concerned faculty members
4. All concerned research members
5. Deputy Registrar
6. Assistant Registrar
7. Incharge, IQAC
8. Incharge, Library
9. Incharge, Examination
10. Incharge Account
11. All the students
12. All the notice boards
13. Record file



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Name of the Program : Spoken Sanskrit Class
Title of programme conducted : 15 Days Sanskrit training program
Objectives of programme : To improve Spoken Sanskrit Skills of the students
Date of programme : 23rd February – 9th March 2016
Number of students participated : 45
Brief summary of the programme : Fifteen days Sanskrit Training Program was organized for junior students which began from 23rd February 2016.
Output : The program helped all the students to improve their knowledge of Sanskrit language.


Coordinator

Prof. D.D. Chaturvedi


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Name of the Program : Spoken Sanskrit Class
Title of programme conducted : Debate competition
Objectives of programme : To improve Spoken Sanskrit Skills of the students
Date of programme : 16th March 2016
Number of students participated : 40
Brief summary of the programme : Debate competition on the Topic "Gandhimargen Aatankavadah Shamyati Na Va" was organized for Shastri and Acharya students to help them test their Spoken Sanskrit skills.
Output : The program helped all the students to improve their knowledge of Sanskrit language.


Coordinator

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Name of the Program : Spoken Sanskrit Class
Title of programme conducted : Debate competition
Objectives of programme : To improve Spoken Sanskrit Skills of the students
Date of programme : 16th March 2016
Number of students participated : 35
Brief summary of the programme : Debate competition on the Topic "Baudha-
vangamayagyanaasya Sanskritamavashyakam na va"
was organized for junior students to help them test
their Spoken Sanskrit skills.
Output : The program helped all the students to improve their
knowledge of Sanskrit language.


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Name of the Program : Sanskrit Class
Title of programme conducted : Essay writing Competition
Objectives of programme : To improve Written Sanskrit Skills of the students
Date of programme : 16th March 2016
Number of students participated : 50
Brief summary of the programme : Sanskrit essay writing competition on the Topic “
Bharstacharonmulane Sanskritshikshay Upayogitvam”
was organized for senior students to help them test
their written Sanskrit skills.
Output : The program helped all the students to improve their
knowledge of Sanskrit language.


Coordinator

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Name of the Program : Sanskrit Class
Title of programme conducted : Essay writing Competition
Objectives of programme : To improve Written Sanskrit Skills of the students
Date of programme : 16th March 2016
Number of students participated : 60
Brief summary of the programme : Sanskrit essay writing competition on the Topic
“Dharamo Rakshati Rakshita” was organized for
junior students to help them test their written Sanskrit
skills.
Output : The program helped all the students to improve their
knowledge of Sanskrit language.


Coordinator


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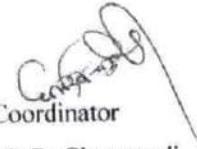

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Name of the Program : Sanskrit Poetry competition
Title of programme conducted : Sanskrit Kavi Sammelean
Objectives of programme : To improve poetic Sanskrit Skills of the students
Date of programme : 29th March 2016
Number of students participated : 17
Brief summary of the programme : A Sanskrit Kavi Sammelan was arranged and the program was chaired by Prof. Prabhunath Dwivei, former professor of Sanskrit, MGKV, Varanasi. On the occasson poets from BHU, Samprunanand Sanskrit University and CIHTS presented their poems.
Output : The program helped all the students to improve their knowledge of Sanskrit language.



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Name of the Activity	:	International day of Yoga
Title of programme conducted	:	Month long Yoga camp
Objectives of programme	:	To give the students and staff an opportunity to learn yogasanas and understand the importance of health and fitness.
Date of programme	:	8 th June to 8 th July, 2016
Venue of the Programme	:	Sambhot Bhavan of CIHTS
Expenditure details	:	Cost was borne by CIHTS
Number of students participated	:	60
Brief summary of the programme	:	A month long yoga camp was organized by physical instructor Mr. Tenzin Shenpen and international day of yoga was organized.
Output	:	Students and Staff of the institute greatly benefitted from this event.


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13. Month Long Yoga Camp (08.06.2016 to 08.07.2016)



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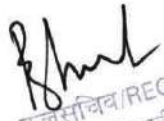


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Name of the Program : Spoken Sanskrit Class
Title of programme conducted : 15 Days Sanskrit training program
Objectives of programme : To improve Spoken Sanskrit Skills of the students
Date of programme : 17th to 31th October 2016.
Number of students participated : 40
Brief summary of the programme : Fifteen days Sanskrit Training Program was organized for junior students which began from 17th October 2016.
Output : The program helped all the students to improve their knowledge of Sanskrit language.


Coordinator

Prof. D.D. Chaturvedi


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TU/VC/ACAD/56/2016

दिनांक: 25 जुलाई, 2016

सूचना

सत्रारम्भ की पहली बैठक में यह चर्चा की गयी थी की नियमित कक्षाओं के अतिरिक्त छात्र-छात्राओं को समय-समय पर अध्यापकों द्वारा मार्ग-दर्शन की आवश्यकता है। इसको व्यवहारिक रूप देने के लिए हर अध्यापकों और शोध विभाग के कर्मचारियों के साथ समस्त विद्यार्थियों को विभाजित करके उनके नामों की सूची संलग्न की गयी है। इस सम्बन्ध में अध्यापकों एवं शोध विभाग के कर्मचारियों से अनुरोध है कि वे अपने साथ जुड़े विद्यार्थियों को नियमित रूप से मार्ग दर्शन करें।

सप्ताह में न्यूनतम एक दिन विद्यार्थी अपने उस गुरु के पास जाकर आचरण, व्यवहार, नैतिकता, सामान्य ज्ञान, अध्ययन कैसे किया जाय, भविष्य को कैसे उज्जल बनाया जाय आदि विषयों के सन्दर्भ में अपने ज्ञान की वृद्धि करें ताकि उनके व्यक्तित्व में निखार आ सके।

अधोहस्ताक्षरकर्ता भी समय-समय पर विभिन्न छात्र समूह को बुलाकर उनसे संवाद एवं मार्ग दर्शन करेगा।

कुलपति

प्रतिलिपि निम्नलिखित को सूचनार्थ एवं आवश्यक कार्याथ:

- 1 कुलमचिव
- 2 संकाय अध्यक्ष, छात्र कल्याण
- 3 सभी संकाय अध्यक्ष
- 4 सभी विभाग अध्यक्ष
- 5 समस्त शिक्षकगण
- 6 शोध विभाग के कर्मचारीगण
- 7 संयुक्त कुलमचिव
- 8 परीक्षा विभाग
- 9 अध्यक्ष, छात्र कल्याण समिति
- 10 समस्त सूचना पट्ट
- 11 सम्बन्धित पत्रावली

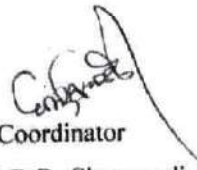
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कुलपति



CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
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SARNATH, VARANASI

Name of the Program : Spoken Sanskrit Class
Title of programme conducted : 15 Days Sanskrit training program
Objectives of programme : To improve Spoken Sanskrit Skills of the students
Date of programme : 20th March to 3rd April 2017.
Number of students participated : 45
Brief summary of the programme : Fifteen days Sanskrit Training Program was organized for junior students which began from 20th March 2017.
Output : The program helped all the students to improve their knowledge of Sanskrit language.


Coordinator
Prof. D.D. Chaturvedi


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SARNATH, VARANASI

Name of the Program : Spoken Sanskrit Class
Title of programme conducted : Debate competition
Objectives of programme : To improve Spoken Sanskrit Skills of the students
Date of programme : 28th March 2017.
Number of students participated : 20
Brief summary of the programme : Debate competition on the Topic "Antarjaalayantram Vidyarthinaam Hitavaham Na Va" was organized for junior students to help them test their Spoken Sanskrit skills.
Output : The program helped all the students to improve their knowledge of Sanskrit language.



Coordinator

Prof. D.D. Chaturvedi



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17. 15 days Sanskrit Training Programme (Spoken Sanskrit Class)



On 28 March 2017, debate competitions for Graduate and Post-Graduate level students was organized on “Antarjālayantram Chātrāṅām hitāvaham na vā” and “Kṛṣṇadhanam niroddhum mudrāpidhānamāvashyakam na vā”, in which students expressed their views on the use and misuse of internet and the role of demonetization in checking black money. 25 students actively participated in this programme.

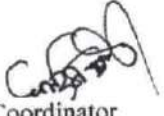
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Name of the Program : Spoken Sanskrit Class
Title of programme conducted : Debate competition
Objectives of programme : To improve Spoken Sanskrit Skills of the students
Date of programme : 28th March 2017.
Number of students participated : 25
Brief summary of the programme : Debate competition on the Topic "Krishnadhanam Niroddhum Mudraapidhaanam Aavashyakam Na Va" was organized for Shastri students to help them test their Spoken Sanskrit skills.
Output : The program helped all the students to improve their knowledge of Sanskrit language.


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Coordinator
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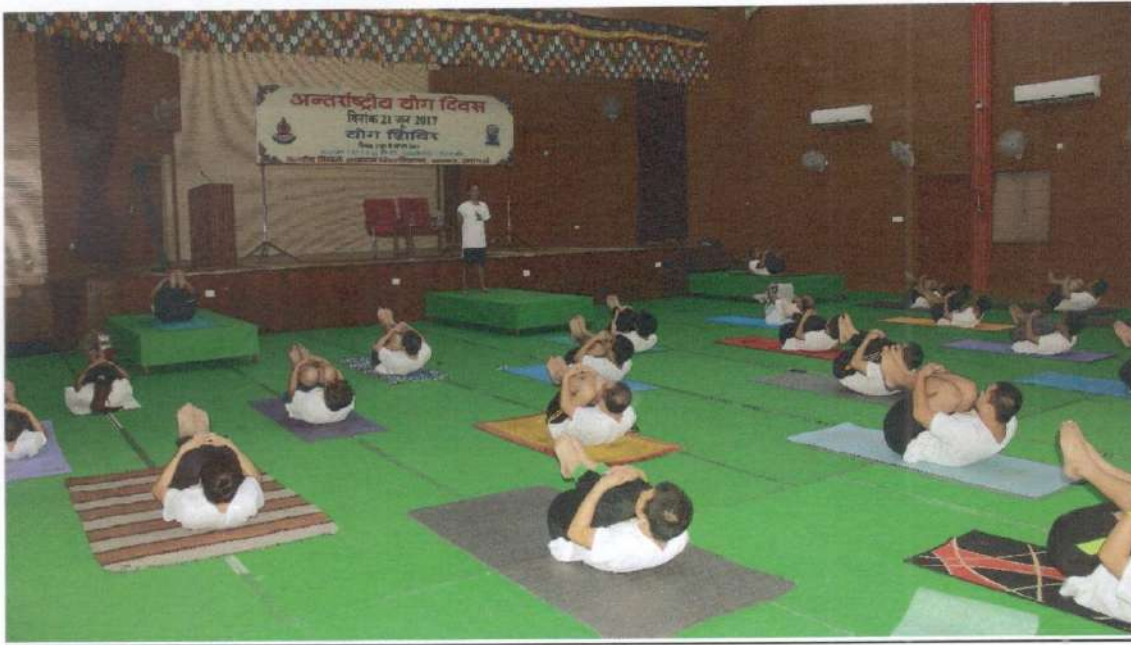
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SARNATH, VARANASI

Name of the Activity : International day of Yoga
Title of programme conducted : Month long Yoga camp
Objectives of programme : To give the students and staff an opportunity to learn yogasanas and understand the importance of health and fitness.
Date of programme : 1-30 June 2017
Venue of the Programme : Sambhot Bhavan of CIHTS
Expenditure details : Cost was borne by CIHTS
Number of students participated : All Students
Brief summary of the programme : An extensive yoga campaign was administered at the campus in which all the faculty members and students participated along with administrative staff members. On 21st June 2017 international day of yoga was also celebrated on campus.
Output : Students and Staff of the institute greatly benefitted from this event.


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19. Month Long Yoga Camp (01.06.2017 to 30.06.2017)

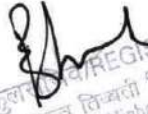



कुलसचिव *Sheel* STRAR
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Name of the Program : Sanskrit Class
Title of programme conducted : Essay writing Competition
Objectives of programme : To improve Written Sanskrit Skills of the students
Date of programme : 29th March 2017
Number of students participated : 50
Brief summary of the programme : Sanskrit essay writing competition was organized for junior and senior students to help them test their written Sanskrit skills.
Output : The program helped all the students to improve their knowledge of Sanskrit language.


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SARNATH, VARANASI

Name of the Program : Sanskrit Poetry competition
Title of programme conducted : Sanskrit Kavi Sammelean
Objectives of programme : To improve poetic Sanskrit Skills of the students
Date of programme : 29th March 2017
Number of students participated : 50
Brief summary of the programme : A Sanskrit Kavi Sammelan was arranged where Sanskrit Scholars and poets from BHU, Samprunanand Sanskrit University and CIHTS recited their poems.
Output : The program helped all the students to improve their knowledge of Sanskrit language.


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Name of the Program : Spoken Sanskrit Class
Title of programme conducted : 15 Days Sanskrit training program
Objectives of programme : To improve Spoken Sanskrit Skills of the students
Date of programme : 28th October - 11th November 2017
Number of students participated : 48
Brief summary of the programme : Fifteen days Sanskrit Training Program was organized for junior students which began from 28th October 2017.
Output : The program helped all the students to improve their knowledge of Sanskrit language.


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Name of the Program : Spoken Sanskrit Class
Title of programme conducted : 15 Days Sanskrit training program
Objectives of programme : To improve Spoken Sanskrit Skills of the students
Date of programme : 15th to 30th March 2017.
Number of students participated : 55
Brief summary of the programme : Fifteen days Sanskrit Training Program was organized for junior students which began from 15th March 2017.
Output : The program helped all the students to improve their knowledge of Sanskrit language.



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Name of the Program : Spoken Sanskrit Class
Title of programme conducted : Debate competition
Objectives of programme : To improve Spoken Sanskrit Skills of the students
Date of programme : 26th March 2017.
Number of students participated : 50
Brief summary of the programme : Debate competition on the Topic "Baudhadharmena visvabandhutvam sambhavyate na va" was organized for junior students to help them test their Spoken Sanskrit skills.
Output : The program helped all the students to improve their knowledge of Sanskrit language.



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Name of the Program : Spoken Sanskrit Class
Title of programme conducted : Debate competition
Objectives of programme : To improve Spoken Sanskrit Skills of the students
Date of programme : 26th March 2017.
Number of students participated : 40
Brief summary of the programme : Debate competition on the Topic “ Bharatam visvagurupadasinam sambhavyate na va” was organized for Shastri and Acharya students to help them test their Spoken Sanskrit skills.
Output : The program helped all the students to improve their knowledge of Sanskrit language.



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Name of the Program : Sanskrit Class
Title of programme conducted : Essay writing Competition
Objectives of programme : To improve Written Sanskrit Skills of the students
Date of programme : 27th March 2017.
Number of students participated : 50
Brief summary of the programme : Extempore Sanskrit essay writing competition on the Topic "Santosa eva purusasya param nidhanam" was organized for junior students to help them test their written Sanskrit skills.
Output : The program helped all the students to improve their knowledge of Sanskrit language.



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SARNATH, VARANASI

Name of the Program : Sanskrit Class
Title of programme conducted : Essay writing Competition
Objectives of programme : To improve Written Sanskrit Skills of the students
Date of programme : 27th March 2017.
Number of students participated : 40
Brief summary of the programme : Extempore Sanskrit essay writing competition on the Topic "Parayattam hi jivanan" was organized for Shastri and Acharya students to help them test their written Sanskrit skills.
Output : The program helped all the students to improve their knowledge of Sanskrit language.


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TU/VC/ADM/51/2017

Dated: 3rd August, 2017

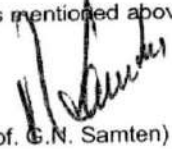
NOTICE

The practice of Mentorship programme in our University is highly appreciated by many within and outside including UGC visiting team. This has been initiated with the inspiration drawn from traditional education system of ancient India and Tibetan education system. The main purpose of this programme is to provide a holistic guidance and mentorship for the development of students' ethical, spiritual and social values incorporating with their academic advancement.

As I have discussed this matter during the last meeting with the faculties on 1st August, 2017. This programme is to be intensified and reinforced with regular exercise and interaction between the teacher and the group of students assigned to him/her.

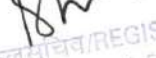
The mentor and students meeting must take place **atleast** once in a week covering any subject that is found necessary for the students. A notebook may be maintained in which the date, time and subject covered may be mentioned. The attendance may also necessarily be maintained. The students who remain absent for more than two sessions may be reported to the Dean of Students' Welfare.

A notebook will be provided to every individual mentor to maintain the records mentioned above. All may note this carefully.


(Prof. G.N. Samten)
Vice Chancellor

CC to:-

1. Registrar
2. All the Deans of the Faculties and Heads of the Departments (Teaching & Research)
3. All concerned faculty members
4. All concerned research members
5. Incharge, IQAC
6. Incharge, Library
7. Incharge, Examination
8. Estate Officer
9. Incharge Account
10. All the students
11. All the notice boards
12. Record file


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Vice Chancellor



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SARNATH, VARANASI

Name of the Program : Spoken Sanskrit Class
Title of programme conducted : Debate competition
Objectives of programme : To improve Spoken Sanskrit Skills of the students
Date of programme : 26th March 2018.
Number of students participated : 30
Brief summary of the programme : Debate competition was organized for junior and senior students to help them test their Spoken Sanskrit skills.
Output : The program helped all the students to improve their knowledge of Sanskrit language.

Coordinator

Prof. D.D. Chaturvedi

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30. Sanskrit Debate Competition



On 26 March 2018, Sanskrit department organized a debate competition for the students of Madhyama, Shastri and Acharya levels. 30 students participated in this competition.

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31. Fine Arts (Painting Workshop)

By Dr. Vijay Dore and Mr. Vojay Somanchi



Bheer

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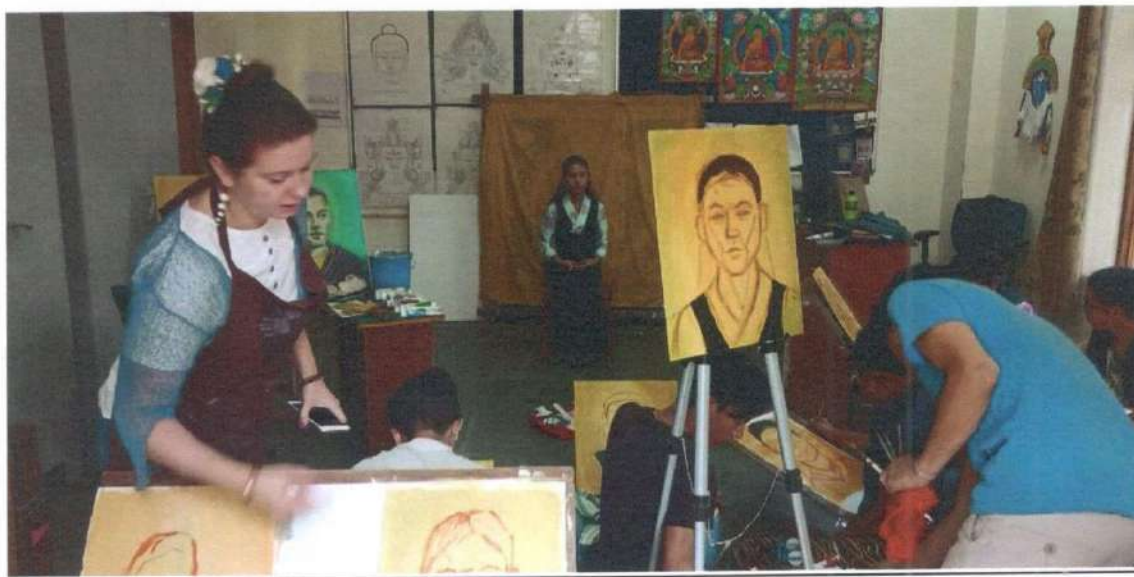
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32. Fine Arts (Painting Workshop)

By Ekaterina Abramova



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R. Shrivastava
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ལྷན་དབུས་བོད་ཀྱི་གཞུག་ལག་སློབ་གཉེར་ཁང་།
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བཀོད་བྱུང་།

༡༢། རྒྱ་ནུ་རྒྱ་ལོང་ས་སྐབས་མགོན་ཆེན་པོ་མཚོག་ལ་སློབ་ཕྱི་ལྷ་ ༡ པའི་ནང་རྒྱ་གར་རྒྱལ་ཡོངས་རིགས་བདག་
ཚོགས་ཆེན་ཏུ་ཆིབས་སྐྱར་བཀྱིན་བསྐྱེད་སྐབས་ཆེས་ ༡༠ གྲུ་རྒྱ་རྒྱ་བཀའ་སློབ་སྤྱི་བོར་མེད་པ་དོན་ལྟར་རིགས་བདག་
དང་ལྷན་ཏུ་རང་ལཱའི་སློབ་གཉེར་ཁང་གི་ཚད་མ་དང་ནང་དོན་རིག་པའི་རིག་སྡེ་ཁོངས་ཀྱི་རྒྱ་གཞུང་། རང་གཞུང་། བོན་
གཞུང་བཅས་ཀྱི་སློབ་དཔོན་རྣམས་ལ་ཐེངས་འགའ་བཟོ་སྒྲིལ་གནང་ལྟེ་རྒྱ་གཞུང་དང་རང་གཞུང་གི་དཔོན་སློབ་ཚན་ཐོག་
ཚད་མ་རིགས་པའི་གཞུང་ཚན་ལག་འགའ་བསྐྱར་ཏེ་གཞུང་གཞན་མངོན་པ་དང་མར་སྤྱིན། དབུ་མ་བཅས་ཀྱི་གཞུང་ཚན་
རྣམས་འདྲི་བྱ་སོ་སོའི་སློབ་ཚན་ནང་སྤོང་བུའི་འགྲུར་བཅོས་བྱས་པ་ཉེ་ཆར་ཤེས་ཡོན་ལྷན་ཚོགས་ཏུ་ཐག་གཅོད་བྱུང་བ་
ལྟར་ཕྱག་ལེན་འཁེལ་རྒྱུ་ཡིན། རྒྱ་ལོང་ས་མཚོག་གི་དགོངས་བཞེད་བཞིན་ཚུགས་གང་སར་ཚོད་ལྷའི་ཐོག་དོ་སྣང་ཅི་ཆེ་
བྱུང་བཞིན་པ་ལྟར་འདི་གར་སྲུང་བྱ་སློབ་ཚན་ཏུ་སྤོང་བུའི་སྐྱེ་ཁའ་དང་ཕྱིན་ཆར་ཅན་གྱི་ལས་རིམ་ཏུ་འཛོག་རྒྱ་ཐག་
གཅོད་བྱས། ད་ལྷའི་ཆར་སློབ་གཉེར་བ་མང་པོ་ཞིག་ལ་ཚོད་ལྷའི་གོ་མས་འདྲིས་མེད་སྐབས་འདི་ལོ་འདྲི་བྱ་གོང་ལོག་
ཡོངས་རྫོགས་ནང་སློབ་གཉེར་བ་སོ་སོའི་གནས་རིམ་ལ་དཔག་སྟེ་རྒྱ་གསར་རིགས་དང་སློབ་གསུམ་གྱི་བཅས་སློབ་
ཚན་གསུམ་ཏུ་སློབ་གཉེར་བ་ཡོངས་ཆ་བཟོས་ཀྱིས་སློབ་བྱིད་དང་ཚོད་ལྷའི་འཚོགས་རྒྱུ་ཡིན། ལོ་རྗེས་མ་ལུས་སློབ་ཚན་སོ་
སོའི་ཚོད་གཞུང་ཐོག་སློབ་བྱིད་དང་ཚོད་ལྷའི་འཚོགས་རྒྱུ་གཏན་འཁེལ་བྱ་རྒྱུ་ཡིན།

དེ་ཡང་རེས་གཟུང་བློ་བ་དང་སྲུང་བྱ་ནུ་ལོན་ལྷན་ཚོད་ ༩ ལས་ ༥ བར་སློབ་དཔོན་རྣམས་ཚོད་རིགས་དང་
འབྲེལ་བའི་དཔེ་བྱིད་ལག་འདྲི་ཁང་སོ་སོའི་འཚོག་རྒྱུ་དང་། རེས་གཟུང་མིག་དམར་དང་ལྷག་པ། པ་སངས་བཅས་སྤྱི་
ཉེན་རྒྱུ་ཚོད་ ༩ ལས་ ༥-༡༠ བར་དཔེ་མཛོད་མཐུན་ཐང་ཏུ་སློབ་གཉེར་བ་སོ་སོའི་སྡེ་ཚན་གཞི་བཞག་ཚོད་ལྷའི་འཚོག་རྒྱུ་
དེ་ལ་རྒྱུ་ཞིབ་གནང་མཁན་དག་རྒྱ་རྣམས་རེས་གཟུང་སོ་སོར་ཆ་བཟོས་ལུས་པ་ལྟར་གནང་རྒྱུ་ཡིན།

ཚོད་རིགས་དཔེ་བྱིད་དང་ཚོད་ལྷའི་རྒྱ་རྣམས་སྤྱི་བོར་གཉེར་བ་རྣམས་ཚད་མེད་པའི་པར་ཏུ་བཅར་དགོས། ཉེན་ལྷན་འབྲེལ་
རྒྱགས་བཀོད་པ་ལས་བརྒྱ་ཆ་ ༥༥ མ་ལོན་པ་རྣམས་རྒྱགས་སློབ་ཏུ་བཞུགས་མི་ཚོག་པ་སྤྱི་མཚུངས་ལྟར་ཡིན།

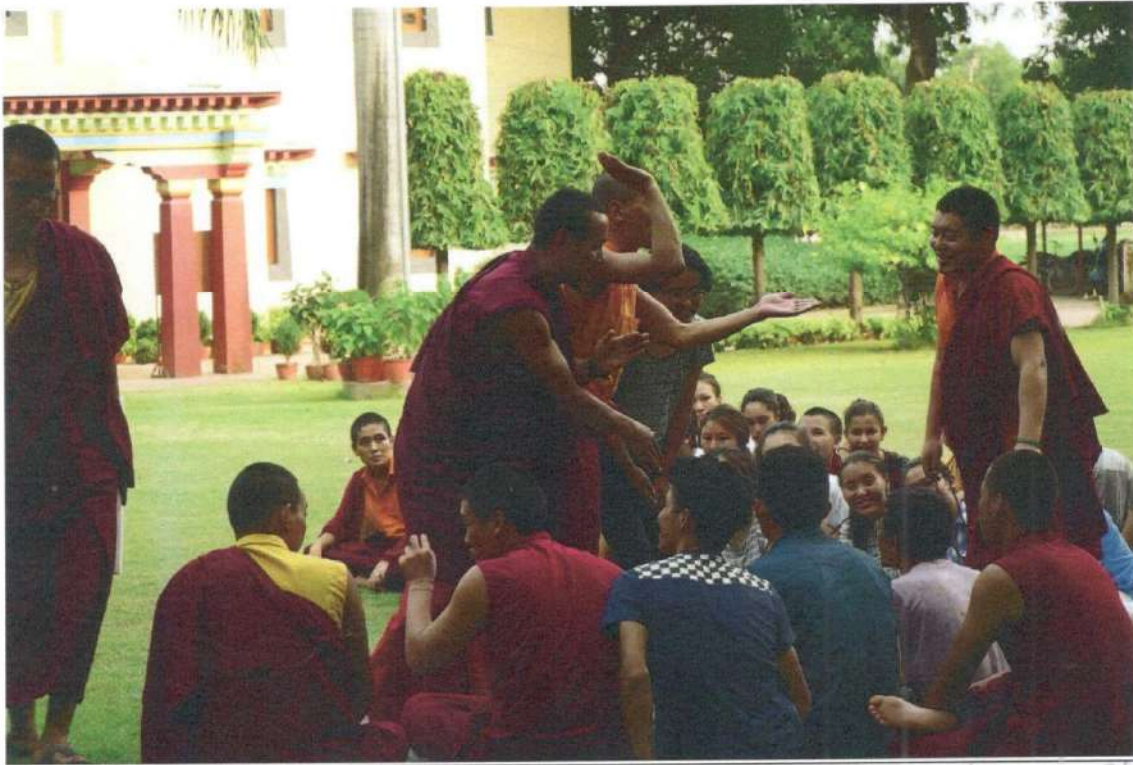
རྒྱགས་རིགས་དང་སློབ་གསུམ་གྱི་བཅས་གཞུང་ཚན་སོ་སོའི་སློབ་བྱིད་གནང་མཁན་སློབ་དཔོན་རྣམས་པ་དང་སློབ་
གཉེར་བ་རྣམས་སོ་སོའི་མཚན་གཞུང་མཉམ་སྲུང་ཏུ་བཀོད་པ་ལྟར་འདྲི་ཁང་སོ་སོའི་ནང་འཚོག་རྒྱུ་ཡིན། ཚད་མ་དང་
ནང་དོན་རིག་པའི་རིག་སྡེ་ཁོངས་འདྲི་ཁང་དང་སྡེ་ཚན་འགན་འདྲི་ཁང་གསུམ་ནས་ཚོད་བྱིད་དང་ཚོད་ལྷའི་ལྷ་རྒྱུ་
གི་འགན་ཡོངས་རྫོགས་བཞེས་རྒྱུ་དང་ཁང་དགེ་ཡོངས་ནས་ཕྱག་རོགས་གནང་དགོས་པ་བཅས་ཀྱི་བཀོད་བྱུང་ཏུ།

ཕྱི་ལོ་ ༡༩༩༥ ལྷ་ ༥ ཆེས་ ༡༧། རིགས་བདག་གིས།

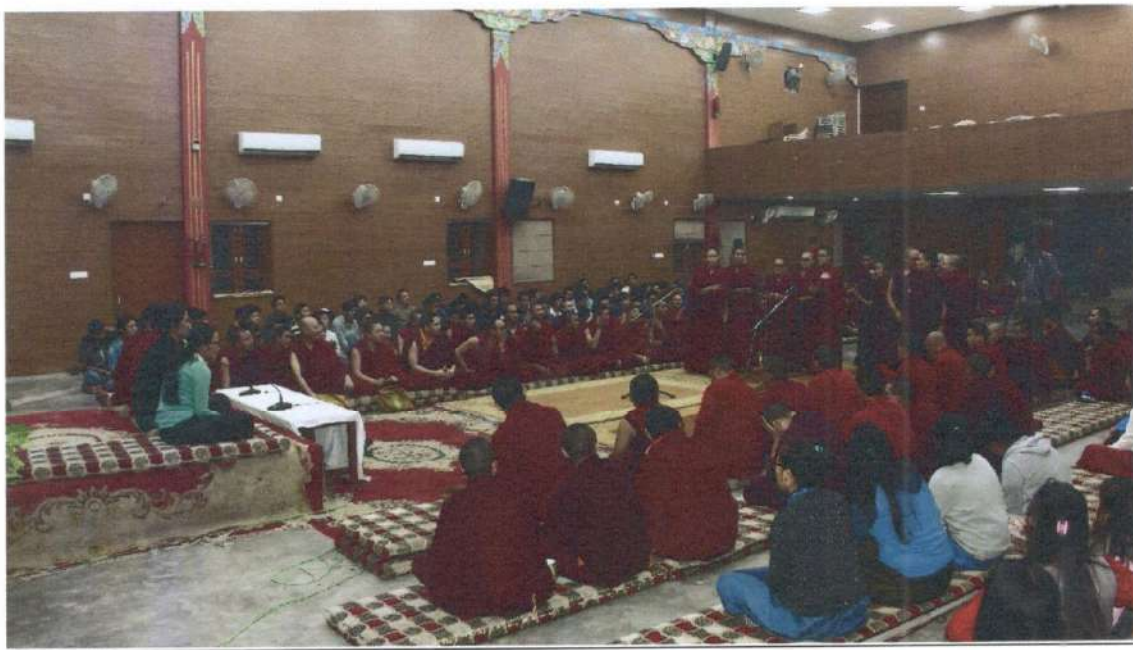


REGISTRAR
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 中央民族大学/Deemed University
 萨嘎街, 瓦拉纳西/Sarnath, Varanasi

33. Shastrarth (Traditional Debate) compulsory for all students throughout the academic session 2018-19 for two hours every day, five days a week.



कुलसचिव/REGISTRAR
श्री. शैल
केन्द्रीय उच्च शिक्षण विद्या संस्थान
डी.पी. सिविल एंड इन्जीनियरिंग स्टडीज
सोरोनाथ, वाशिंगटन



Sheel
कुलसचिव/REGISTRAR
केन्द्रीय उच्च तिब्बती शिक्षा संस्थान
Central Institute of Higher Tibetan Studies
डीम्ड दिग्विद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi

Central Institute of Higher Tibetan Studies
Sarnath, Varanasi

TI/SA/Mentor/2018

Dated: 30th July, 2018

NOTICE

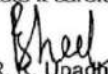
The practice of Mentorship programme in our Institute is highly appreciated by many within and outside including UGC visiting team. This has been initiated with the inspiration drawn from traditional education system of ancient India and Tibetan education system. The main purpose of this programme is to provide a holistic guidance and mentorship for the development of students' ethical, spiritual and social values incorporating with their academic advancement.


This programme is to be intensified and reinforced with regular exercise and interaction between the teacher and the group of students assigned to him/her.

As declared by the Hon'ble Vice Chancellor in his opening address to the faculty members and students, the mentor and students meeting must take place **atleast** twice in a week covering any subject that is found necessary for the students. A notebook may be maintained in which the date, time and subject covered may be mentioned. The attendance may also necessarily be maintained. The students who remain absent for more than two sessions may be reported to the Dean of Students' Welfare.

A notebook with namelist is hereby provided to every individual mentor to maintain the records mentioned above.


This is issued with the approval of competent authority. All concerned may kindly note it carefully.


(Dr. R. K. Upadhyay)

Registrar


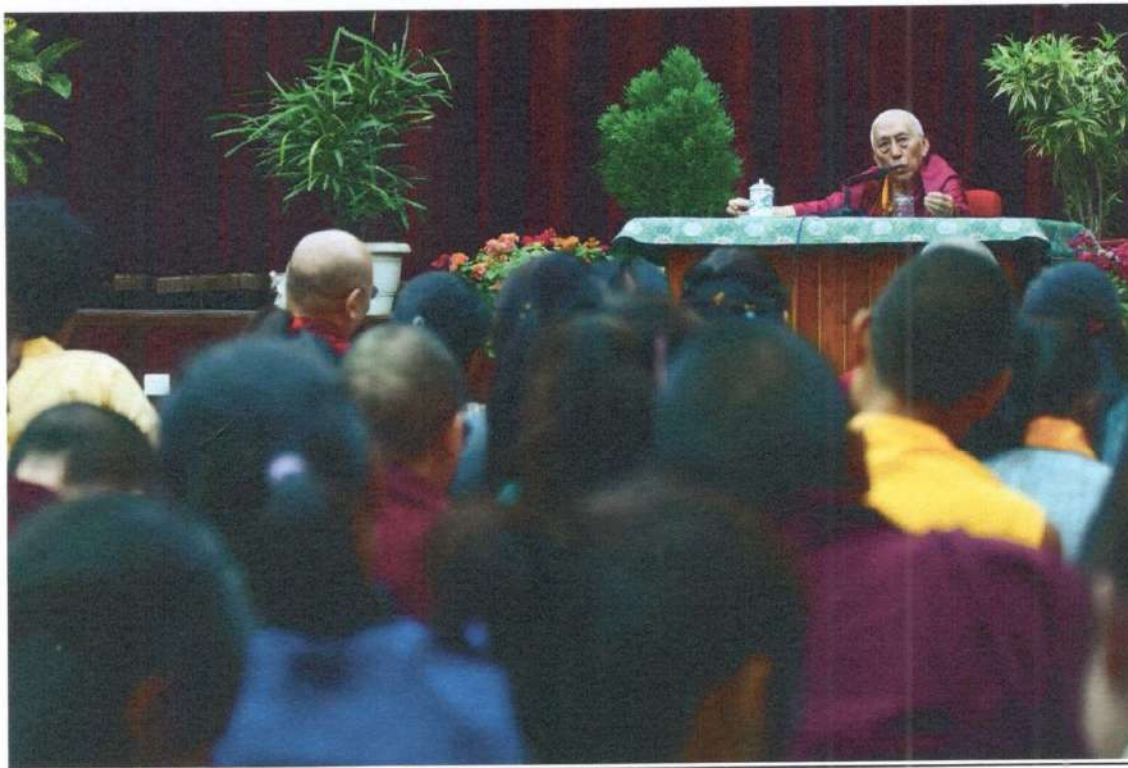
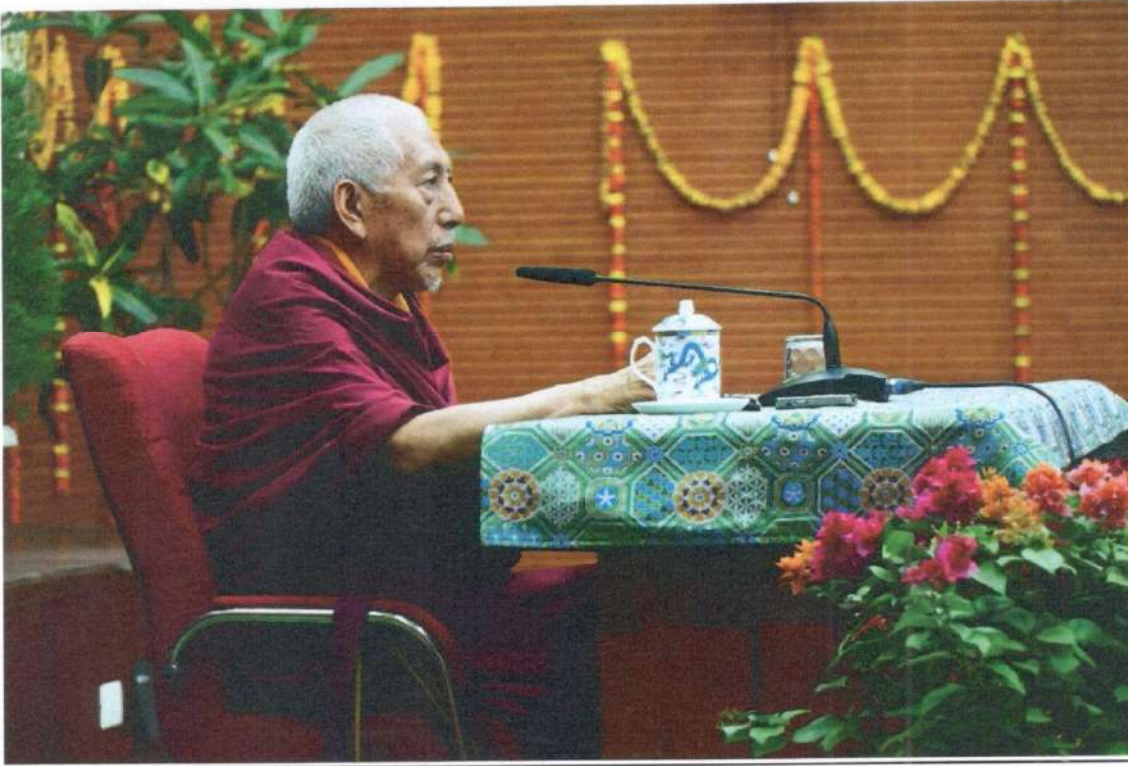
CC to:-

1. PA to Vice Chancellor for kind information of Hon'ble V.C.
2. All the Deans of the Faculties and Heads of the Departments (Teaching & Research)
3. All concerned faculty members
4. All concerned research members
5. Deputy Registrar
6. Assistant Registrar
7. Incharge, IQAC
8. Incharge, Library
9. Incharge, Examination
10. Incharge Account
11. All the students
12. All the notice boards
13. Record file


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Central Institute of Higher Tibetan Studies
केन्द्र विद्यापीठम्/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi


Registrar

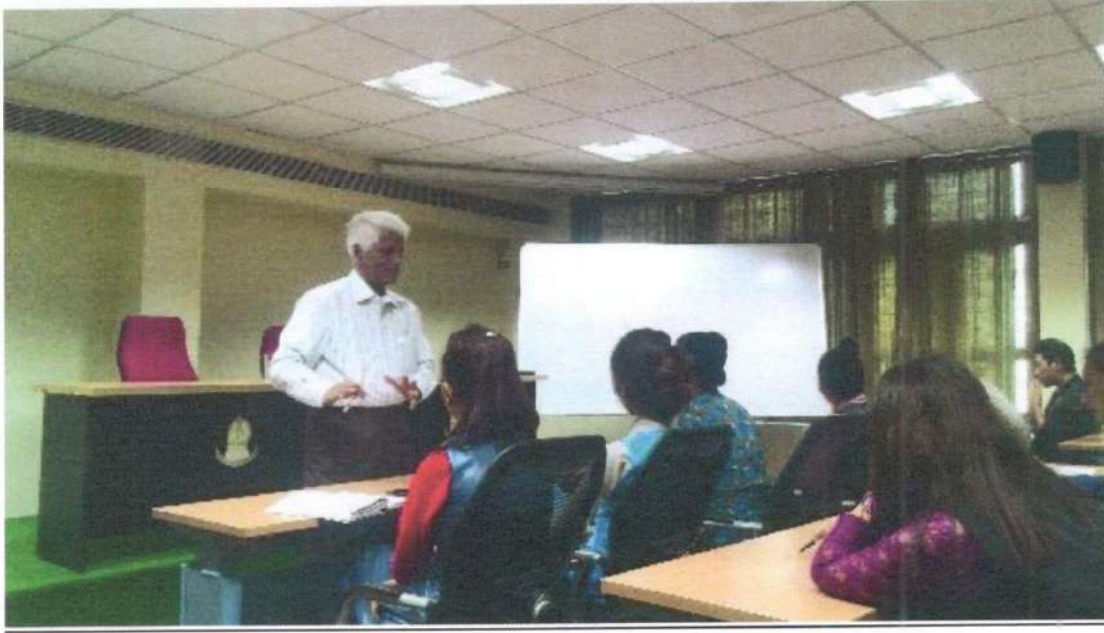

35. Talk on Buddhist Philosophy and Meditation



On 29th October 2018, the founding director of CIHTS and a world renowned scholar of Himalayan and Tibetan culture, Prof. Samdhong Rinpoche delivered a talk on Buddhist Philosophy and meditation. He foregrounded the scientific nature of Buddhist philosophy and emphasized on the right use of it for the greater good of humanity. Around 200 students attended the session.

Eshel
केन्द्रीय हिन्दू विश्वविद्यालय
Central Institute of Himalayan and Tibetan Studies
डी.ए. सिन्हा मार्ग, काशी विश्वविद्यालय
डी.ए. सिन्हा मार्ग, काशी विश्वविद्यालय
Varanasi

36. Workshop on "Educational Philosophy and Pedagogy Trends"



Two-day workshop was organized for the student-teachers and teacher educators of CTE on 30th and 31st October, 2018. Prof. K Dorasami, a renowned educationist from Regional Institute of Education (NCERT) Mysuru was invited to conduct the workshop. **25 participants actively participated in the workshop.**

Sheel

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डीम्ड विश्वविद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi



CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Program : Sanskrit Class
Title of programme conducted : Saraswata Sanskrit Grammar class.
Objectives of programme : To improve Sanskrit knowledge of the students
Date of programme : 09th August 2018.
Number of students participated : 40
Brief summary of the programme : In the end of the first semester Prof. D.D. Chaturvedi taught Saraswata Sanskrit Grammar to the students of Acharya class on the request of Tibetan Language and Literature Department.
Output : The program helped all the students to improve their knowledge of Sanskrit language.

Coordinator

Prof. D.D. Chaturvedi

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Central Institute of Higher Tibetan Studies
ईन्ड विस्वविद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi

CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
SARNATH, VARANASI

Date: 25.10.2019

NOTICE

As per report received from the Dean Students' Welfare and Head, Department of Moolshastra & Sampradyashastra, it has been decided that the ongoing Debate Tests will be held from the morning of 26th October, 2019 till its completion.

Therefore, all the concerned students are directed to assemble in the venue declared by Dean, Students Welfare and Head of departments.

The classes will remain suspended on 26th October, 2019 on account of Debate Test.

This is issued with the approval of the Competent Authority.


(Dr. R.K. Upadhyay)
Registrar

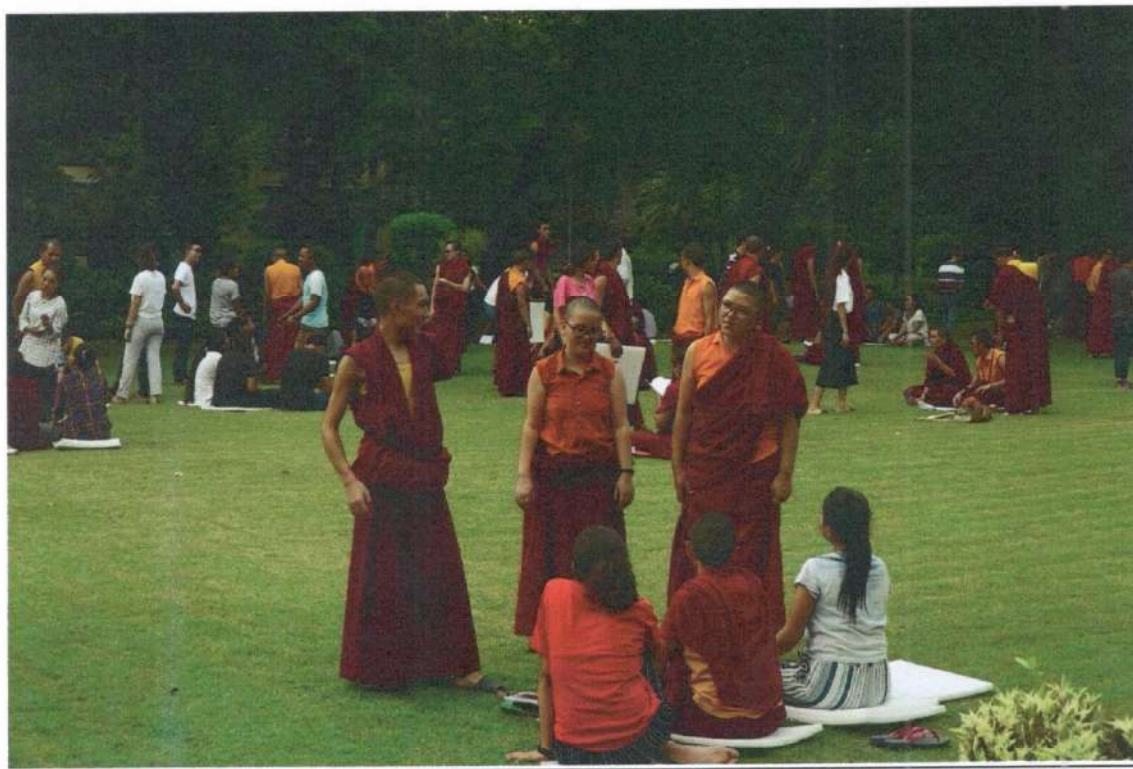
CC to:

1. PS to Vice Chancellor for kind information of Hon'ble V.C.
2. Dean of Students Welfare
3. All the Deans & HoDs
4. Deputy Registrar
5. Assistant Registrar
6. Wardens, all hostels
7. Incharge, M.Wing
8. President, SWA
9. House Leaders
10. Notice Boards
11. Record file


REGISTRAR
केन्द्रीय उच्च शिक्षणी केंद्र
Central Institute of Higher Tibetan Studies
डीएन विद्यापीठ/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi


Registrar

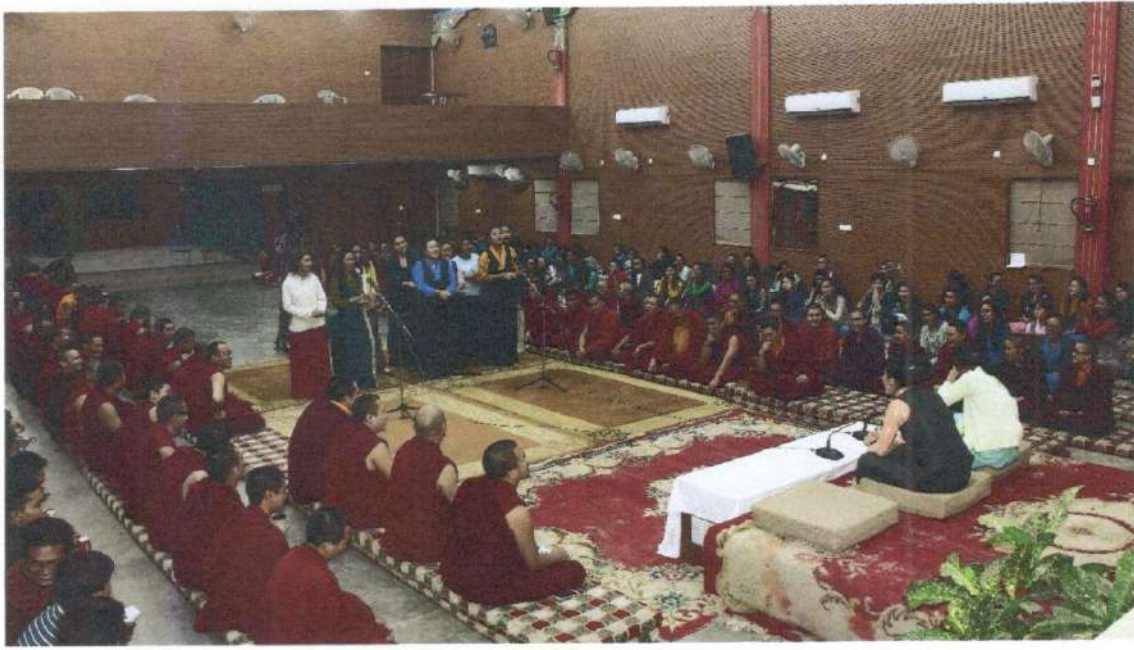
38. Shastrarth (Traditional Debate) compulsory for all students throughout the academic session 2019-20 for two hours every day, five days a week.



कुलासचिव, REGISTRAR
केन्द्रीय उच्च तिब्बती शिक्षा संस्थान
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Central Institute of Higher Tibetan Studies
डीएम: विष्णुविद्यालय/Duomed University
सार्नाथ, वाराणसी/Sarnath, Varanasi



Rheel
कुलसचिव/REGISTRAR
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Central Institute of Higher Tibetan Studies
डीम्ड विश्वविद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi




CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Program : One week Workshop
Title of programme conducted : Brahmi Script and Buddhist Manuscripts
Objectives of programme : to decipher the Ashokan Inscriptions and script used
In writing of Buddhist manuscripts
Date of programme : 8th -13th Aug. 2019
Number of students participated : 38
Brief summary of the programme : This said workshop is based on Indic paleography. 38
Students had been participated in this workshop. They
learn various aspects of Brahmi script including
the Introduction to the Buddhist Manuscripts.
Output : This program helped all the students to improve their
Knowledge in ancient Indic script and they will able
to write and decipher inscription and manuscripts.

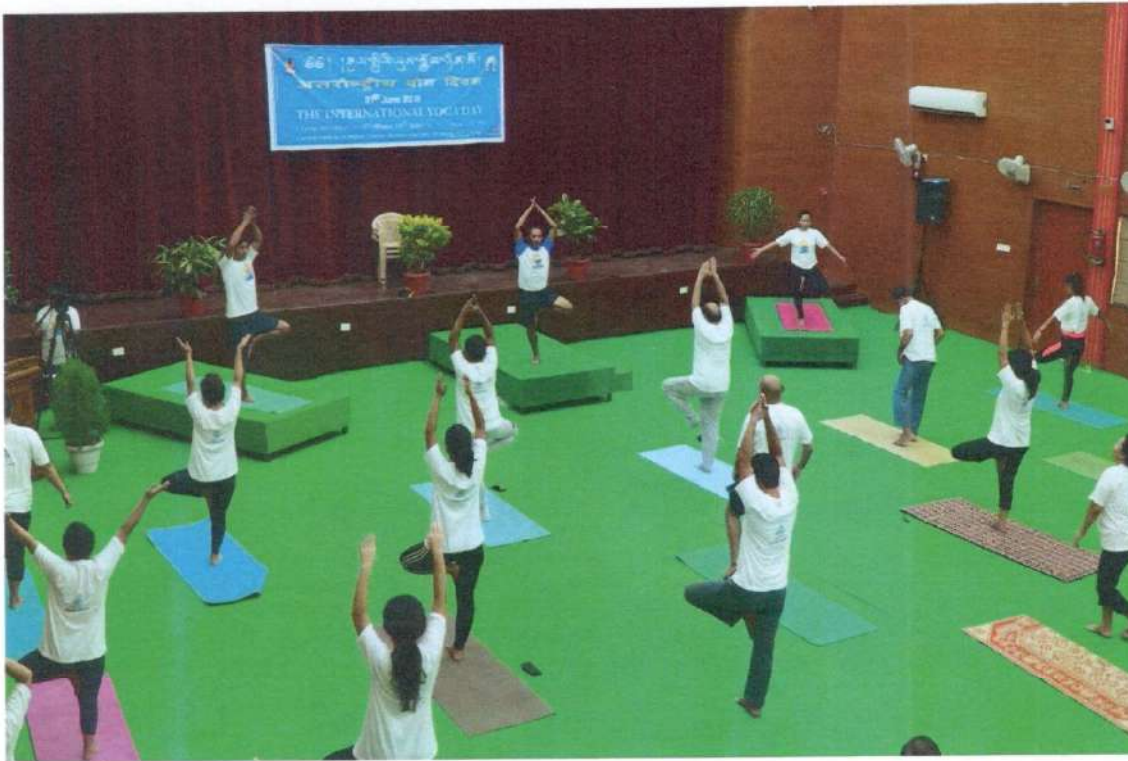
A. Dash

Coordinator

Dr. Anirban Dash


कुलसचिव/REGISTRAR
केन्द्रीय उच्च तिब्बती शिक्षा संस्थान
Central Institute of Higher Tibetan Studies
डीम्ड विपबविद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi

40. 11 Day Yoga Training Course (18.06.2019-30.06.2019)



Kshel
कुलसचिव/REGISTRAR
केन्द्रीय उच्च शिक्षणी शिक्षा बोर्ड
Central Institute of Higher Education Studies
डी.ए. सिद्दीकपुरी, दिल्ली विश्वविद्यालय
सारनाथ, वाराणसी/Sarnath, Varanasi



ལྷོ་བོད་མི་རིགས་སྐོར་གྱི་ལྷན་ཁྲིམས་ལྷན་ཁྲིམས་

छात्र कल्याण समिति
STUDENTS' WELFARE ASSOCIATION

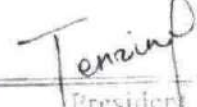


CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity : Educational Activity
Title of programme conducted : Basic of Linguistic Teaching Workshop
Objectives of programme : To enhance the linguistic skills of students.
Date of programme : 16th August to 15th September, 2019
Venue of the Programme : Library Hall/Sambhot Bhavan
Expenditure details : Total Expenditure 12, 500.00 borne by CIHTS,
Varanasi
Number of students participated : 100
Brief summary of the programme : The program was attended by all 100 students of
C.I.H.T.S. The Questions and Answers session was followed between the teachers
and the students.

Output :
The program was successful.


कुलसचिव/REGISTRAR
केन्द्रीय उच्च तिब्बती शिक्षा संस्थान
Central Institute of Higher Tibetan Studies
डीम्ड विश्वविद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi


President
SWA, CIHTS
SARNATH, VARANASI

Coordinator

48th Students' Welfare Association

41. Workshop on Basics of Linguistics



CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES

Sarnath, Varanasi - 221007, U.P. INDIA

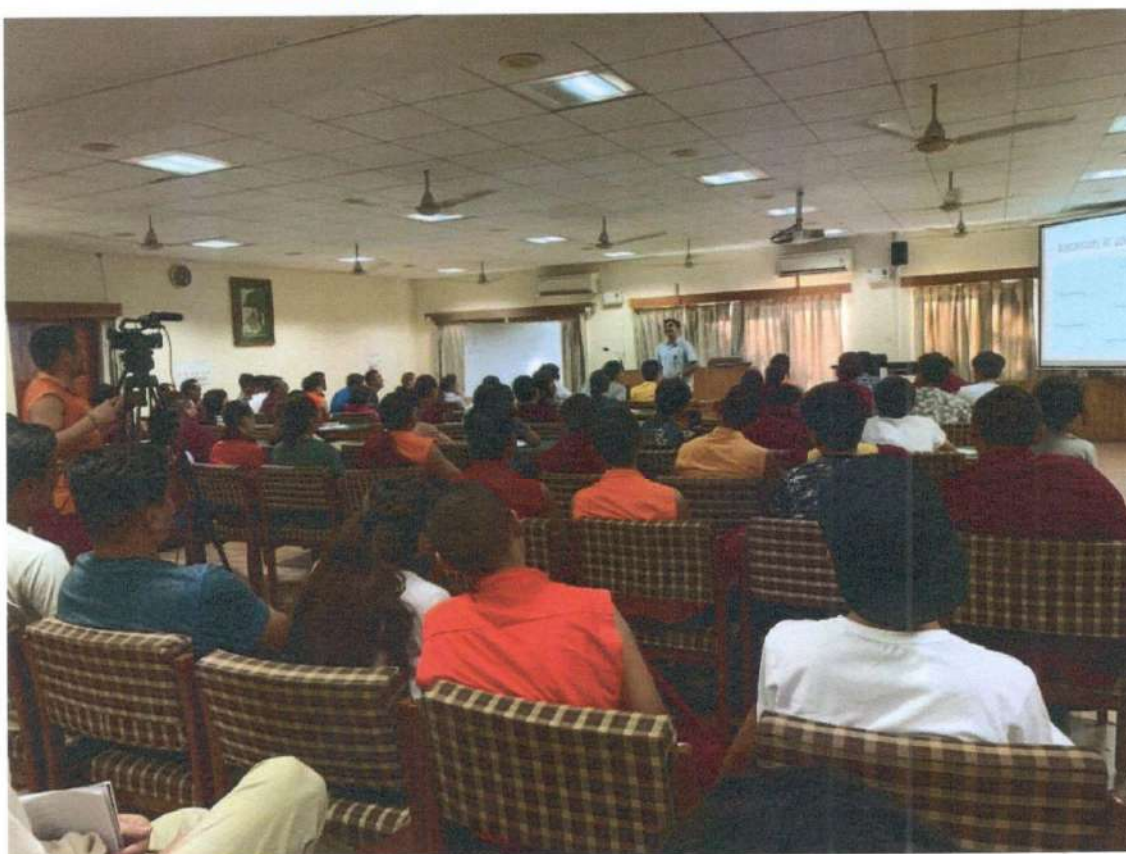
སྐད་བཅ་རིག་པའི་ཟབ་སྦྱོང་།

**WORKSHOP ON
BASICS OF LINGUISTICS**

Teacher: Dr. Mahesh Sharma
Dr. Jasmeet Gill

September 2019

Organized by: 47th Students' Welfare Association



Rsheel

कुलसचिव/REGISTRAR
केन्द्रीय उच्च तिब्बती विद्या संस्थान
Central Institute of Higher Tibetan Studies
डॉ. महेश शर्मा/Dr. Mahesh Sharma
सर्नाथ, वाराणसी/Sarnath




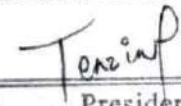
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छात्र कल्याण समिति
STUDENTS' WELFARE ASSOCIATION



CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(Deemed University)
SARNATH, VARANASI

Name of the Activity	: Student Symposium
Title of programme conducted	: Analysing the Universal in a Single Atom by His Holiness The Dalai Lama
Objectives of programme	: To enhance the ethics/morality in the students by interaction among themselves.
Date of programme	: 26-9-2019
Venue of the Programme	: Atisha Hall
Expenditure details	: Total Expenditure 36,000.00 borne by CIHTS, Varanasi
Number of students participated	: 22
Brief summary of the programme	: The program was attended by all the students. The Questions and Answers session was followed between the audiences and the speakers.
Output	: The program was successful.


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केन्द्रीय उच्च तिब्बती शिक्षा संस्थान
Central Institute of Higher Tibetan Studies
डीएच विद्यापीठ/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi


President
SWA, CIHTS
SARNATH, VARANASI
Coordinator

48th Students' Welfare Association



༄༅། དབུས་བོད་ཀྱི་ཆེན་མཆོད་གཞུག་ལག་སྐོབ་གཞེར་ཁང་། སྤར་རྒྱལ། རྫོང་ཆེན།

केन्द्रीय उच्च तिब्बती शिक्षा संस्थान, सारनाथ, वाराणसी

CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES, SARNATH,
VARANASI

DEPARTMENT OF SOWA-RIGPA

Date: 22nd Nov. 2019

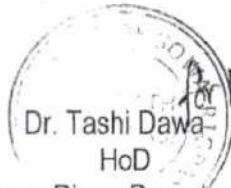
Ref: CUTS/DSR/2019-20/15

Discussion

This is to notify to all the Faculty members of Sowa Rigpa and Bhot Jyotish that Mr. Ramkripal Pandey, Operation Director of TES, from Singapore is currently in our campus and he has kindly accepted to give an informal discussion on "**Impact of Environment on Health & Health cost**" in Seminar Hall II of Sambhot Bhawan at 3:30pm today 22/11/2019.

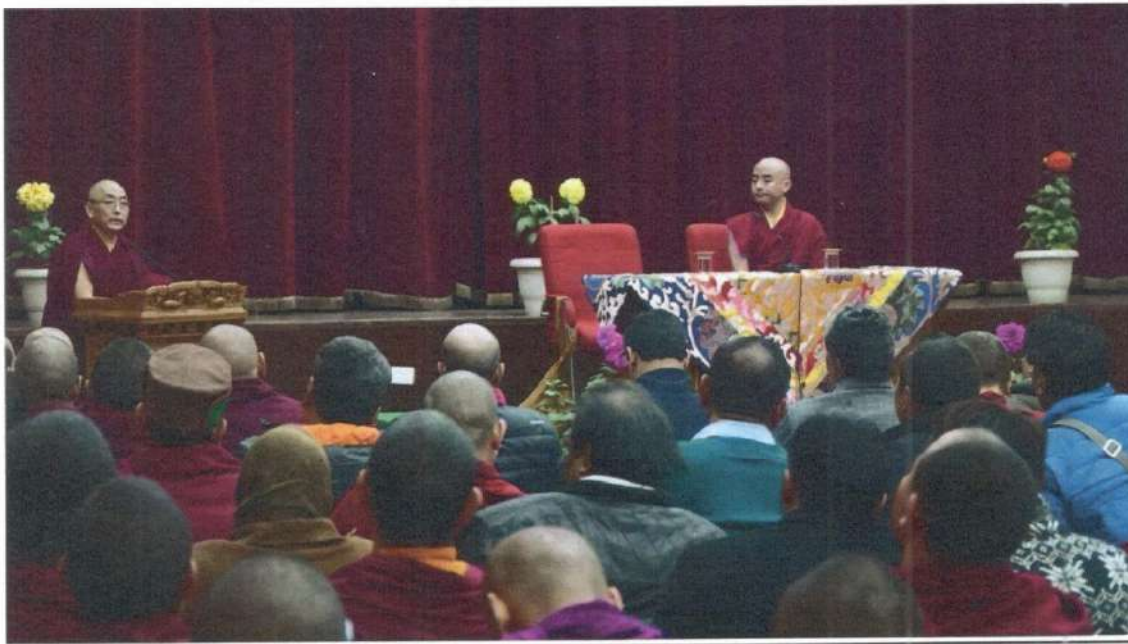
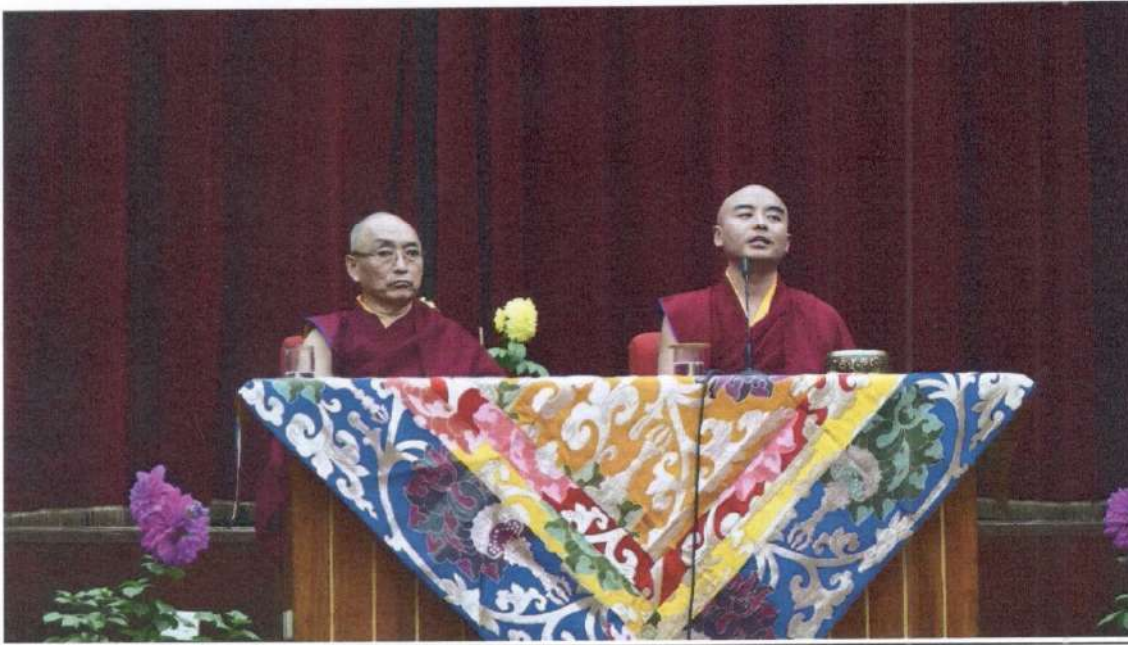
Hence, all the Sowa-Rigpa Faculty members and Internship scholars are requested to attend on scheduled time and **other interested faculties and students may also attend the discussion**

All concerned may note it carefully.


Dr. Tashi Dawa
HoD
Sowa Rigpa Department

Total - 63 54
REGISTRAR
केन्द्रीय उच्च तिब्बती शिक्षा संस्थान
Central Institute of Higher Tibetan Studies
डीम्ड विश्वविद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi

44. Session of Buddhist Meditation



On 5th January 2019, Venerable Mingyur Rinpoche, the internationally renowned meditation guru was invited to conduct two sessions on Buddhist meditation, one in English for general audience and one in Tibetan language for Tibetan speaking faculties, staff and students. Both the sessions were chaired by the Hon'ble Vice Chancellor of the Institute. Around 150 students and staff members attended the session.

कुलसचिव
केन्द्रीय उच्च तिब्बती विश्वविद्यालय
Central Institute of Higher Tibetan Studies
डीम्ड विश्वविद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi

7 January 2019 - To provide the systematic training in English language and global exposure to all the students of the University, English department initiated the launch of a much-needed English Learning and Documentary Club in Atisha Hall for all the students, faculty and staff members of the University. The inaugural session was presided over by the Honourable Vice-Chancellor along with various senior professors and Deans of various disciplines. Dr. Mahesh Sharma delivered a lecture on "Building Better English Vocabulary", foregrounding the various aspects and techniques of learning English. The other members of the club - Dr. Jasmeet Gill, Mr. Vishnusharan Tripathi and Dr. Jed Forman were also present at the inaugural session.

Bhush
कुलसचिव/REGISTRAR
केन्द्रीय उच्च शिक्षणी प्रिक्त संस्थान
Central Institute of Higher Tibetan Studies
डॉ. जेड फॉर्मान/Deemed University
सरनाथ, वाराणसी/Sarnath, Varanasi

46. 5 Day workshop on “Nalanda Tradition of Buddhist Philosophy on Education (Teaching – Learning and Ethical Values) and Conflict Resolution and Non-Violence



SoE/CTE of Central Institute of Higher Tibetan Studies, Sarnath, Varanasi organized a 5-day workshop on “Nalanda Tradition of Buddhist Philosophy on Education (teaching-learning & ethical values) and conflict resolution & non-violence” for its student-teachers from 9th to 14th January 2019. The resource persons were Sh. Tsering Samdup, Director, Educational Council, Department of Education, Central Administration, Dharamsala and Sh. Karma Lekshey, Director, Tibetan Centre for Conflict Resolution, Dharamsala. **53 students participated in the workshop.**

Rheal
कुलसचिव/REGISTRAR
केन्द्रीय उच्च तिब्बती शिक्षा संस्थान
Central Institute of Higher Tibetan Studies
डीम्ड विश्वविद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi

47. Buddhist Pedagogy Talk

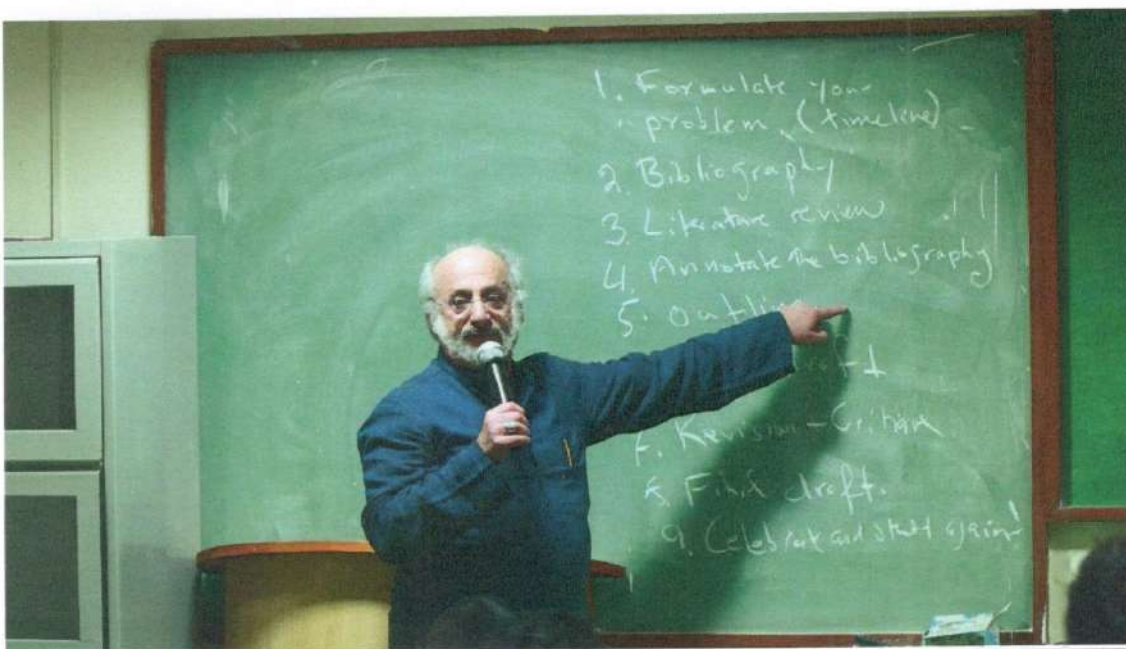
By - Prof. John Powers, Deakin University, Australia



On 11th January 2019, Prof. John Powers, Deakin University, Australia, who is an internationally renowned scholar in Asian studies and Buddhism, delivered a talk on Buddhist Pedagogy to students and faculty members of the Institute. He shed light on the importance of Buddhist Philosophy in the context of modern pedagogical practices. 40 students attended the talk.

कुलसचिव REGISTRAR
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Central Institute of Higher Education
डीन्ड विद्यापीठ, सातनाथ, वाराणसी
Saranath, Varanasi

48. Workshop on Research Methodology



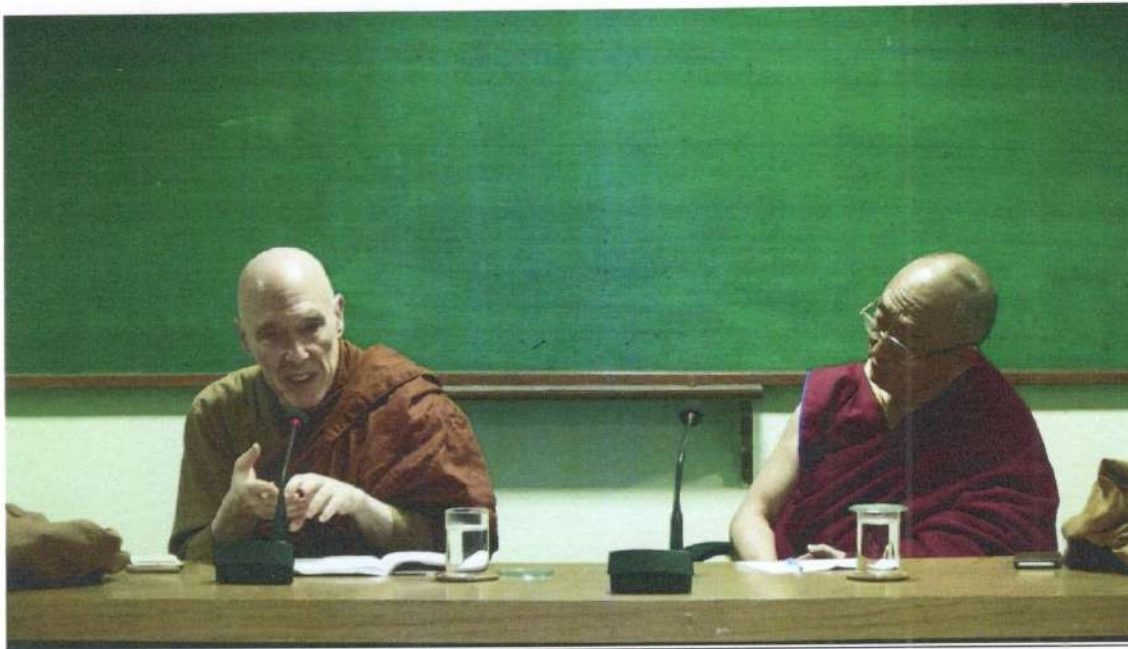
Pheel
कुलसचिव/REGISTRAR
केन्द्रीय उच्च तिब्बती शिक्षा संस्थान
Central Institute of Higher Tibetan Studies
डीम्ड विश्वविद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi



From 15th January to 19th January 2019, a five-day workshop on research methodology of Buddhist studies was conducted by Prof. Jay L. Garfield, Smith College and Dr. Sonam Thakchoe, University of Tasmania, for the research students and graduate students. The students had a unique opportunity to interact with and learn from the invited scholars. 30 students benefited from this workshop.

Bheer
कुलसचिव
केन्द्रीय उच्च तिब्बती शिक्षा संस्थान
Central Institute of Higher Tibetan Studies
ईमंड विश्वविद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi

49. Lecture on Dependent Origination and Selflessness in Pali tradition



On 25th January 2019, Venerable Bhikkhu Bodhi delivered a lecture on “Dependent Origination and Selflessness in Pali Tradition” for the students and scholars of the campus. Interacting with the great saint, Prof. Ngawang Samten, the Hon’ble Vice Chancellor of the Institute shared his experience with the gathering. 48 students attended the lecture.

Prof. Ngawang Samten
कुलसचिव
केन्द्रीय उच्च शिक्षा विभाग
Central Institute of Higher Tibetan Studies
ई-मेल: ngawang@chits.edu.in
सारनाथ, वाराणसी/Sarnath

**CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES
(DEEMED UNIVERSITY)**

ONE-DAY WORKSHOP AND RESOURCE TALK

on

A JOURNEY OF INTELLIGENCE QUOTIENT TO EMOTIONAL QUOTIENT

Organised by:

School of Education/Centre for Teacher Education

Central Institute of Higher Tibetan Studies, Sarnath,

Under PMMMNMTT Scheme of MHRD, Govt. of India

A one-day workshop on the administration and assessment of Emotional Intelligence Scale and a resource talk on "A Journey of IQ to EQ" was held at CTE on 25 October 2019. The resource talk and workshop were organized for the students of Two-year B.Ed. programme. The resource person for both the session was Dr Sunita Singh, Associate Professor from Faculty of Education, Banaras Hindu University. The Director/In-charge, CTE/SoE Dr Himanshu Pandey honoured and felicitated the eminent resource person Dr Sunita Singh.



Dr Huma Kayoom, the organizer of the workshop introduced to the students about the objectives of the workshop and the resource talk.



Resource person Dr Sunita Singh in the first session delivered a lecture on the topic “A Journey of Intelligence Quotient to Emotional Quotient”. She began the session with a short video loaded with emotional values and then began her discussion with the students. The session was an interactive one as the students actively participated in the discussion.





The second session was based on the administration and assessment of the Emotional Intelligence Scale prepared by Dr Singh and Dr Oza. Students of the two-year B.Ed. programme got their first-hand training on using a psychological test, the administration and the assessment of the same. Again, the resource person Dr Sunita Singh explained to the students the various precautions that must be taken before the implementation of any psychological test and as why psychological test are important.

कुलसचिव
Sheel
केन्द्रीय उच्च शिक्षणी विद्या संस्थान
Central Institute of Higher Tibetan Studies
डीएनडी विश्वविद्यालय, Darjeeling University
सारनाथ, वाराणसी/Sarnath, Varanasi



The different queries and questions of the students were answered by the resource person after which the session finally ended on a good note.



This report is prepared by Dr Huma Kayoom, Organizer of the workshop and the resource talk.

कुलसचिव/RESEARCH
केन्द्रीय उच्च तिब्बती शिक्षा संस्थान
Central Institute of Higher Tibetan Studies
डीमंड विश्वविद्यालय/Demand University
सारनाथ, वाराणसी/Sarnath, Varanasi

51. Fine Arts Workshop (Demonstration and Lecture)

By Mr. Chandan Kumar



Bheel
कुलसचिव/REGISTRAR
केन्द्रीय उच्च तिब्बती शिक्षा संस्थान
Central Institute of Higher Tibetan Studies
डीम्ड विश्वविद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi



ཕྱག་འདུས་པོད་གྱི་ཆེས་མཐོའི་གཙུག་ལག་སློབ་གནེར་ཁང་། སྐར་རྒྱལ་ ལྷན་ཆས་

केन्द्रीय उच्च तिब्बती शिक्षा संस्थान, सारनाथ, वाराणसी

CENTRAL INSTITUTE OF HIGHER TIBETAN STUDIES, SARNATH,
VARANASI

DEPARTMENT OF SOWA-RIGPA

Date: 13th Jan. 2020

Ref: CUTS/DSR/2019-20/23

Notification

This is to notify to all the Faculty members of Sowa Rigpa and Bhot Jyotish that Geshe. Jigme Rabten Ia from Depung Loseling, South Karnataka, is currently in our campus and he has kindly accepted to give talk and discussion on "ལོ་ལོ་སྤོངས་ལྷན་ཆེན་པོས་ཆེད་འཇུགས་ མཚན་ལུ་འབྲས་ལྷུངས་གསོ་རིག་འགོ་བཙུག་གི་ལོ་རྒྱུས་དང་འབྲེལ་བའི་རྣམ་ལ་གལ་ཆེའི་བཀའ་སློབ།" in the Seminar Hall II of Sambhot Bhawan at 2:30pm tomorrow i.e., 14/1/2020.

Hence, all the Sowa-Rigpa Faculty members, Internship scholars, BSRMS and UM medical students are requested to attend on scheduled time and **other interested faculties and students may also attend the talk.**

Note: All the medical students are mandatory to attend the talk. (Roll call will be conducted if deemed necessary)

All concerned may note it carefully.

कुलपति/REGISTRAR
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Central Institute of Higher Tibetan Studies
डीएच विध्वलितारस/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi

Prof. Lobsang Tenzin
Dean
Faculty of Sowa Rigpa and Bhot Jyotish

Date 16/03/2020


Notice

In view of the recent COVID-19 outbreak around the world, specific guidelines and protocols have been issued from the MoHFW and Uttar Pradesh state government in preventing and containing the disease spread. Thus, a separate unit for OPD for handling flu related and suspected cases of COVID-19 have been allocated with the respective sMenpa who will be assisted by Kachupa interns in paper work and primary screening as and when required. It is also to request Dr. Dorjee Damdul la to take charge as the officiating Medical Superintendent of the Yuthok Sowa-Rigpa Hospital.

Further, Dr. Chime Dolkar and Dr. Tenzin Delek are requested to attend the routine OPD duty as usual.

Sl.No	Name	Day	Schedule
1.	Dr. Dawa Tsering/ Mr. Phuntsok Choedup	Monday	9:00am to 5:00pm
2.	Dr. Tashi Dawa/ Mr. N. Kunchen	Tuesday	9:00am to 5:00pm
3.	Dr. Dorjee Damdul/Ven. Chhering Funchok	Wednesday	9:00am to 5:00pm
4.	Dr. Penpa Tsering/ Mr. Phuntsok Choedup	Thursday	9:00am to 5:00pm
5.	Dr. Lobsang Tenzin/ Mr. Kunchen	Friday	9:00am to 5:00pm
6.	Dr. Lodec Munsel/ Ven. Chhering Funchok	Saturday	9:00am to 5:00pm


All may please note it carefully


(Dr. tashi dawa)
HoD, Sowa-Rigpa

Cc. to:-

1. PS to Hon'ble VC for information
2. Registrar
3. Deputy Registrar
4. Assistant Registrar
5. Officiating Medical Superintendent
6. Concerned sMenpas
7. Notice boards
8. Record file


REGISTRAR
केन्द्रीय उच्च तिब्बती विद्या संस्थान
Central Institute of Higher Tibetan Studies
डी.एच. सिद्धविद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi


(Dr. tashi dawa)
HoD, Sowa-Rigpa

Update on CIHTS documentary workshop and documentary film on CIHTS

17 June 2020

Ronny Novick & Rebecca Novick

Documentary workshop


From 4th to 16th March 2020, Ronny Novick and Rebecca Novick taught a documentary film training workshop to 3 groups consisting of 3-4 CIHTS students per group with the help of 3 training assistants from the multi-media department. The students learned how to identify the parts of a camera, technical settings and how to set up/strip down and use a video camera together with audio gathering techniques and troubleshooting. The 3 groups of 3-4 students learned the art of the interview, watched interview documentaries with discussion of technique, and conducted interviews with one another and exchanged roles between interviewer, interviewee and camera/sound operator. They learned the various stages of making a film. They learned script writing basics and how to create maintain a production schedule as well as how to manage inter-group role assignments. They learned the difference between A-roll and B-roll and how to use the respective footage to tell a story and the art of narrative storytelling. They learned camera moves, image stabilization, creative camera techniques, lighting, and ambient sound. They watched a number of important documentary films followed by discussions on the film making techniques and narrative approaches.

Each group filmed and edited short montages of the university campus as their first assignment and presented them to the whole group for critical review. The groups learned basic editing techniques including uploading footage, folder management, importing to premiere, organizing clips with bind, arranging editing panels and basic timeline editing and common transitions with group and one-on-one training. The student attendance was affected by fears around the coronavirus and exam preparations, however, the attendance increased during the practical sessions and especially once the students had begun their own projects.

The groups brainstormed their concepts for a 6-minute documentary with the workshop assistants and presented their ideas to the group for feedback and further development. Group 1 decided to make a documentary 'Taste of Varanasi' on the most famous chai shop in Sarnath. Group 2 decided to make their documentary on the mess management at CIHTS, and Group 3 decided to make theirs on the Fine Arts program at CIHTS. Before the workshop had to cease its activities due to the Covid-19 pandemic, Group 1 had filmed all of their footage; Group 2 had filmed an interview with the VC and Group 3 had filmed an interview with the Fine Arts teacher. Group 1 had made some good progress in editing of their footage. Unfortunately, from March 16th the workshop was unable to continue due to the safety regulations imposed on campus due to the Covid-19 situation. However, the students are now prepared enough to initiate their own projects and, if the Media Dept. could provide occasional assistance, interested students can continue to develop their pre and post production skills.

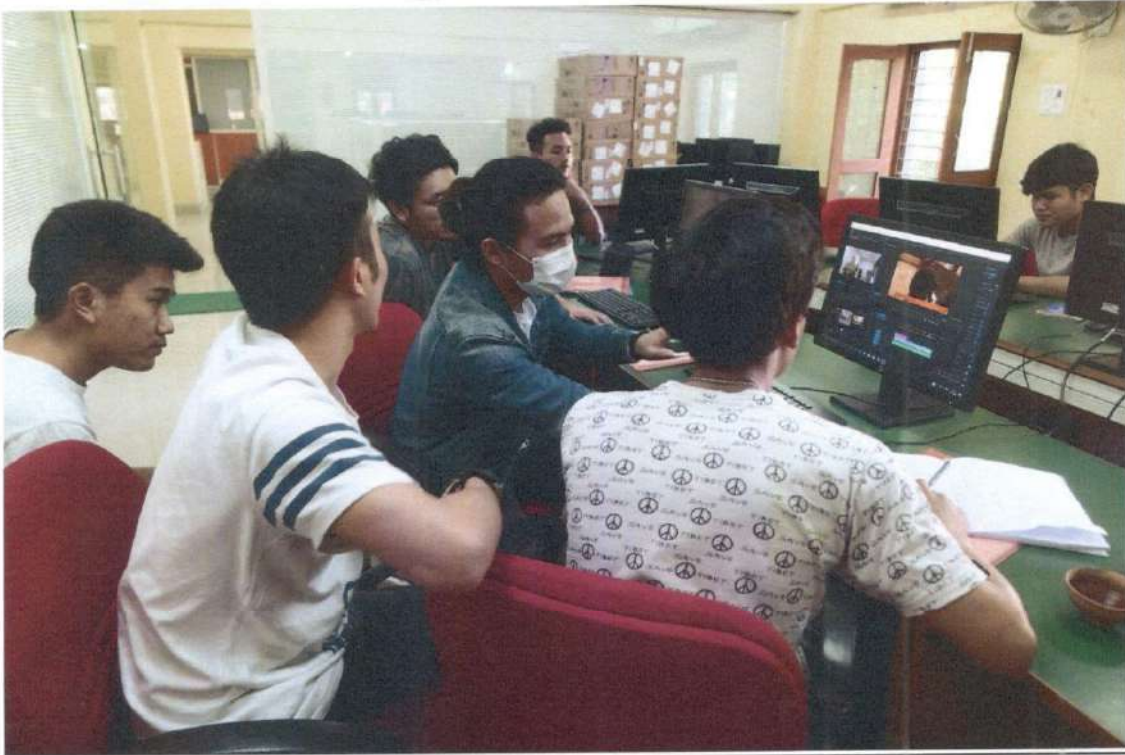
Documentary film on CIHTS

A draft version of the documentary film about CIHTS was shown to the VC who gave his feedback. The documentary was then adjusted to take account of this feedback and a second draft was produced in March 2020. There was no possibility to continue to work on the project due to the coronavirus lockdown. In May, the VC gave his feedback on the second draft version and work resumed on the project the week of June 15, 2020 once the Media Dept. staff had resumed working shifts. The final version of the documentary will be completed by the first week of July 2020 as long as the Media Dept. staff are available.


REGISTRAR
केन्द्रीय उच्च शिक्षण विद्यालय
Central Institute of Higher Tibetan Studies
डी.डी. विरासत/Deemed University
साराणसी, वाराणसी/Sarnath, Varanasi

54. Film Training Workshop

By Ronnie Novick and Rebecca Novick



कुलसचिव/REGISTRAR
Sheel
केन्द्रीय उच्च शिक्षा संस्थान
Central Institute of Higher Tibetan Studies
डीम्ड विश्वविद्यालय/Deemed University
सारनाथ, वाराणसी/Sarnath, Varanasi



Rheel
कुलसचिव/REGISTRAR
केन्द्रीय उच्च शिक्षण विद्यापीठ
Central Institute of Higher Education Studies
वीरगंज, काठमाडौं

Central Institute of Higher Tibetan Studies
Sarnath, Varanasi

TI/SA/Mentor/2019

Dated: 25th July, 2019

NOTICE

As all are aware that the practice of Mentorship programme in our University is highly appreciated by many within and outside including UGC visiting team. This has been initiated with the inspiration drawn from traditional education system of ancient India and Tibetan education system. The main purpose of this programme is to provide a holistic guidance and mentorship for the development of students' ethical, spiritual and social values incorporating with their academic advancement.

This programme is to be intensified and reinforced with regular exercise and interaction between the teacher and the group of students assigned to him/her.

The mentor and students meeting must take place atleast twice in a week covering any subject that is found necessary for the students. A notebook may be maintained in which the date, time and subject covered may be mentioned. The attendance may also necessarily be maintained. The students who remain absent for more than two sessions may be reported to the Dean of Students' Welfare.

A notebook with namelist is hereby provided to every individual mentor to maintain the records mentioned above.

This is issued with the approval of competent authority. All concerned may kindly note.

(Dr. R. K. Upadhyay)

Registrar

CC to:-

1. PA to Vice Chancellor for kind information of Hon'ble V.C.
2. All the Deans of the Faculties and Heads of the Departments (Teaching & Research)
3. All concerned faculty members
4. All concerned research members
5. Deputy Registrar
6. Assistant Registrar
7. Incharge, IQAC
8. Incharge, Library
9. Incharge, Examination
10. Incharge Account
11. All the students
12. All the notice boards
13. Record file

कुलपति/REGISTRAR
केन्द्रीय उच्च तिब्बती विद्या संस्थान
Central Institute of Higher Tibetan Studies
डी.एच. विश्वविद्यालय/Daemod University
सारनाथ, वाराणसी/Sarnath, Varanasi

Registrar